

Dr. Sania Nishtar SI, FRCP, Ph.D

Founder and President, Heartfile
Former Federal Minister, Government of Pakistan
Co-chair, WHO High Level Commission on NCDs

1. Park Road, Chak Shahzad
Islamabad
Pakistan
+92 300 8540974
sania@heartfile.org
@Sanianishtar
sanianishtar.info

Snapshot biography

Dr. Sania Nishtar is a physician, former federal minister of the government of Pakistan, civil society leader, author and internationally renowned global health expert. She graduated from medical school in 1986 with 16 distinctions, setting a college record. She holds a Fellowship of the Royal College of Physicians of London and a Ph.D., from Kings College, London.

Sania is the founder of Heartfile, a Pakistan-based NGO. She currently co-chairs the WHO Commission on NCDs along with the President of Uruguay. She is also the co-chair of the U.S National Academy of Sciences Global Study on the Quality of Healthcare and the Chairs the World Economic Forum's Global Future Council on Health. Earlier she was founding Chair of the UN Secretary General's Independent Accountability Panel for the Global Strategy on Women's and Children's health and has also served previously as Chair of the WHO Commission on Ending Childhood Obesity. She is a regular keynote speaker at international meetings. Earlier this year, Dr. Nishtar was in the running for Director-General of the World Health Organization, and was in the shortlisted three.

As a Federal Minister, she set a new standard in transparency and accountability by publishing her handover papers. During her term, she was instrumental in re-establishing Pakistan's Ministry of Health. Due to her independent stance, she is often asked to chair national commissions, public sector boards, restructuring committees, and reform task forces in the country. She actively advocates for transparency, integrity and accountability and was the featured personality on anti-corruption day in 2013 by the Asian Development Bank.

She is an acclaimed author with 6 books and more than 200 articles. Her books are used as post-graduate text books and have been the subject of documentaries by an award-winning filmmaker. Sania Nishtar is the recipient of many national and international awards, including Sitara-i-Imtiaz, the Global Innovation Award and the Population Science Award.

Education and Professional qualifications

- FRCP, Fellow of Royal College of Physicians of London, 2005
- Ph.D, Medicine, Kings College London, 2002
- MRCP (UK), Member Royal College of Physicians of London, 1996
- MCPS, Member College of Physicians and Surgeons of Pakistan, 1991
- MBBS, Khyber Medical College Peshawar, 1986. Best graduate of the year with 16 distinctions and gold medals

Professional experience in various areas

- **Founding institutions:** experience in building institutions from scratch; founder of the NGO think tank *Heartfile*, a powerful health policy voice and catalyst for health reform in Pakistan; designed and deployed *Heartfile Health Financing*, the award-winning mHealth access to treatment initiative; gained extensive experience in fund mobilization, partnership building, and use of innovations for systems building, based on which the Global Innovation Award was conferred by the Rockefeller Foundation in 2011; instrumental in re-establishing Pakistan's Ministry of Health during term as Federal Minister
- **Experience working with the Government of Pakistan:** served as Federal minister in the 2013 Pakistan Caretaker government; undertook the widely-acclaimed accountability approach to working with the government, while in office through publication of the 'Handover Papers'; member of national commissions, restructuring committees and judicial commissions tasked with complex problem solving; chair of task forces with responsibility to write strategies and reform plans; member of public sector boards and governance bodies of regulatory agencies; author of Pakistan's first health reform plan, Pakistan's first compendium of health statistics, and the country's first national public health plan for Non-Communicable Diseases.
- **Experience in the international system:** Currently chair of the WHO high level Commission on NCDs. Co-chair of the U.S National Academy of Sciences Global Study on the Quality of Healthcare and the Chairs the World Economic Forum's Global Future Council on Health. Earlier served as founding Chair of the UN Secretary General's Independent Accountability Panel for the Global Strategy on Women's and Children's health and also served previously as Chair of the WHO Commission on Ending Childhood Obesity. Chaired/co-chaired UN and WHO expert panels; chaired resolution drafting and declaration/international statement writing committees; well known for thought leadership in global health in the multilateral system; deeply engaged in the international discourse on health and development. Attended over 200 major international conferences, consultations and convenings over the last 15 years as invited expert, chair, moderator, resource person, speaker, and keynote speaker. Featured personality on anti-corruption day in 2013 by the Asian Development Bank.

- **Civil society experience:** in addition to founding civil society institutions, key civil society health policy voice demanding improved governance and transparency in Pakistan; mobilized over 100 stakeholders to mainstreaming the voice of the civil society in the decision making process in the Pakistan Health Policy Forum; member of the boards of many INGOs and apex international networks; chaired award-winning international global campaigns.
- **Research, intellectual and academic pursuits and thought leadership:** deeply engaged in global health through work leading and being part of global commissions, contributing intellectually in areas spanning health systems, health reform, non-communicable diseases, public-private engagement, and health governance; extensively published, with six books, 116 publications in peer reviewed journals including The Lancet and British Medical Journal; led the Pakistan Lancet Series on health reform; Op-ed contributor in The News International, Huffington Post, Wall Street Journal, Guardian and Project Syndicate on matters relevant to health and governance; one of the six books, Choked Pipes, (Oxford University Press, 2010) is a post-graduate text book and has been the subject of a documentary by an award winning British filmmaker; member of Advisory Boards of many international journals; faculty member of the National School of Public Policy, Pakistan; Pakistan Administrative Staff College, National Management College, National Defense University and other academic institutes in Pakistan.
- **Physician cardiologist** with experience working in the most difficult health systems settings (1990-2000); Principal Investigator of the first case control study on coronary risk factors in Pakistan (1996); became an advocate for prevention and health promotion using study findings; developed national public awareness campaigns for heart disease prevention and evaluated impact (2000-2006)
 - **Peace building;** involvement with several peace building initiatives, using health as an entry point to peace building and promoting Western-Muslim engagement

Details about professional experience and assignments

Work experience

- Founder and President, Heartfile (1998-present)
- Federal Minister, Government of Pakistan (portfolios: Education and Training, Science and Technology, Information Technology and Telecommunications, Health, (2013)
- Senior Registrar, Cardiology, Pakistan Institute of Medical Sciences (PIMS), Islamabad (1997-2000)
- Clinical attachment, Guys hospital, London (1996)
- Medical Officer, General Medicine, PIMS, Islamabad (1994-1996)
- Medical Officer, Hayat Shaheed Teaching Hospital, Peshawar (1990-1994)

Government of Pakistan

- Candidate, United Nations High Commissioner for Refugees (2015)
- Member, National Commission on Science and Technology (2014-present)
- Member Board of Governors, Benazir Income Support Program (2014-present)
- Member, Pakistan Medical and Dental Council (2016-present)
- Member, High Court of Pakistan's Commission on Pakistan Medical and Dental Council (2015)
- Chair, Ministry of Finance's Task Force on Strengthening Social Safety Net Institutions (2014-2015)
- Member, Economic Advisory Council, Ministry of Finance (2014-present)
- Member Advisory Committee, Planning Commission (2014-present)
- Member, Advisory Committee, Federal Tax Ombudsman (2014-present)
- Member Board of Directors, Infrastructure Project Development Facility, Ministry of Finance (2006-2009)
- Member Health Committee, National Commission on Government Reforms (2006-07)

United Nations

- Chair, UN Secretary General's Independent Accountability Panel for the Global Strategy for Women's, Children's and Adolescents' Health (2015-2016); *stepped down after announcement of candidacy to avoid perception of conflict of interest*
- Board Member, UN University International Institute for Global Health, Malaysia (2016-2019)

World Health Organization

- Shortlisted Nominee for WHO Director General, 2017.
- Headquarters:
 - Co-Chair, WHO Commission on Ending Childhood Obesity (2014-present)
 - Member, WHO expert review group on an integrated response to mental health and other chronic diseases (2013-present)
 - Member Advisory Group, WHO Health Systems Research Strategy (2013)
 - Member, WHO Expert Advisory Panel on Health Promotion (2008-2013)
 - Board Member, [WHO's] Alliance for Health Policy and Systems Research, (2008-2014)
 - Member, WHO's Strategic Advisory Committee for Stewardship on Research on Infectious Diseases of Poverty (2009)
 - Member, WHO Consortium on Maximizing Positive Synergies between Health Systems and Global Health Initiatives (2008-2009)
 - Member, WHO Director General's Expert Working Group on R&D and Financing (2008-2009)
 - Member, WHO Director General's High-Level Task Force on Health Systems (2008)
 - Member, WHO's Steering Committee, Mega Country Network on Health Promotion (2003-2004)
 - Served as Temporary Advisor on numerous occasions

- WHO Conferences
 - Member, Senator Group, WHO NCDs Ashgabat European Ministerial Conference (2013)
 - Council of Deans; First and Second Global Symposium on Health Systems Research (2011 and 2012)
 - Member, WHO's International Steering Committee, First Global Ministerial Conference on Healthy Lifestyles and NCDs (2011)
 - Chair, Drafting Committee, WHO's Venice Statement on Global Health Initiatives and Health Systems (2009)
 - Member, Programme Committee, WHO Global Forum IV (2004)
- Regional Office (WHO EMRO)
 - Member, Network of Health System Experts (2013-present)
 - Member, Regional Director's Technical Advisory Committee (2013)
 - International Advisory Panel, Eastern Mediterranean Health Journal (2013-present)
- Country Office
 - Founder and author, National Action Plan for Prevention and Control of Non-Communicable Diseases and Health Promotion, Pakistan. Tripartite Heartfile-Ministry of Health-WHO partnership (2003)

Global Alliance for Vaccine Initiative (GAVI)

- Member, GAVI Board (2015-2016)
- Chair, GAVI's Independent Evaluation Committee (2011-2014)

International Non-Governmental Organisations

- Trustee, Future of Health Global Challenge initiative, World Economic Forum (2016-present)
- Member, NCD Alliance Expert Advisory Council (2014-present)
- Member, World Economic Forum Global Agenda Council (2007-present)
- Member, US-Muslim Engagement Initiative (2011)
- Member, Healthcare Advisory Council, Pakistan American Foundation (2011)
- Member, Partners for a New Beginning, Aspen Institute (2011)
- Member, Clinton Global Initiative (2007, 2008, 2010 and 2011)
- Panel of Advisors, Center for Health Market Innovations R4D (2010)
- Member, Board of Trustees, International Union for Health Promotion (2004-2010)
- Member, Working Group, Private Sector in Health Systems, Rockefeller Foundation (2008-2009)
- Member High-Level Task Force, Ministerial Leadership Initiative for Global Health, Aspen Institute (2008)
- Chair, International Consortium on Community Health Promotion, IUHPE (2004-05)
- Chair, Expert Panel on Women and Heart Disease, World Heart Federation (2007)
- Chair, Foundations Advisory Board and Board Member, World Heart Federation (2003-2006)
- Chair, Steering Committee, World Heart Day (2003-2006)
- Chair, International 'Go Red for Women' campaign (2004)

- Executive Council Member, South Asian Association for Regional Cooperation Cardiac Society (2000-2002)

Civil Society positions in Pakistan

- Founder and President of Pakistan's Health Policy Forum (2005)
- Member Board of Governors
 - Pakistan Institute of Legislative Development and Transparency (2009-present)
 - Pakistan Center for Philanthropy (2013-2016)
 - Trust for Voluntary Organizations (2005-2008)
 - Chal Foundation (2012-2016)

Commissions and academic roles

- Co-Chair of The National Academies Global Study on the Quality of Healthcare in Low- and Middle-Income Countries
- Member, Stockholm Resilience Centre, The EAT-Lancet Commission, (2016-present)
- Member, The Lancet and Rockefeller Foundation Commission on Planetary Health (2014-present)
- Member, The Lancet and Harvard Commission on Pain and Palliative Care (2014-present)
- Lead, Pakistan Lancet Series, Health Transitions in Pakistan, (2010-2013)
- Member Steering Committee, the Emerging Markets Symposium, Green Templeton College, Oxford University (2014-present)
- Member Advisory Committee, Lancet Global Health (2014-present)
- Visiting faculty, National School of Public Policy, Pakistan Administrative Staff College, National Management College; current senate member of the National Defence University and formerly, Pakistan Institute of Development Economics

Private Sector

- Member, Global Health Policy Advisory Committee. PepsiCo, New York (2009-2010)

Awards and honors

- Named as the top 20 Women Scientists in the Muslim World, 2014
- Rockefeller Foundation's Global Innovation Award, 2011
- Medical Mission Hall of Fame; Toledo, Ohio; 2011
- Featured at the Women in the World Foundation launch in New York, 2011
- Sitara-i-Imtiaz, Pakistan, 2005
- European Society Population Science Award, 2005
- President of Pakistan Student Award and gold medal, 1986
- Best graduate of Khyber Medical College and gold medal, 1986
- Topped all four professional examinations of MBBS with distinction, and awarded 15 gold medals, one for each professional examination and one each for 11 subjects.

Publications

Peer reviewed publications (only peer reviewed publications are listed here. Links and references to other Op-ed and Blogs, can be accessed at <http://www.sanianishtar.info/publications/>)

1. Nishtar S. The NCD Cooperative. *The Lancet*, 2017 S0140-6736(17)32481-9
2. Nishtar S. Delivering the WHO we need. *BMJ*, May 19, 2017
<http://blogs.bmj.com/bmj/2017/05/19/sania-nishtar-delivering-the-who-that-we-need/>
3. Nishtar S. Open letter to WHO DG candidates: reply from Sania Nishtar. *Lancet*. 2017 May 20;389(10083):1978-1979. doi: 10.1016/S0140-6736(17)31254-0. Epub 2017 May 9.
4. Nishtar S. Will you support a patient-centred R&D agreement? Response from Sania Nishtar, WHO DG candidate. *Lancet Glob Health*. 2017 Mar;5(3):e263. doi: 10.1016/S2214-109X(17)30026-8. Epub 2017 Jan 19.
5. NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in blood pressure from 1975 to 2015: a pooled analysis of 1479 population-based measurement studies with 19·1 million participants. *Lancet*. 2017 Jan 7;389(10064):37-55. doi: 10.1016/S0140-6736(16)31919-5. Epub 2016 Nov 16.
6. NCD Risk Factor Collaboration (NCD-RisC). A century of trends in adult human height. *Elife*. 2016 Jul 26;5. pii: e13410. doi: 10.7554/eLife.13410.
7. Nishtar S, Gluckman P, Armstrong T. Ending childhood obesity: a time for action. *Lancet* 2016 Jan 22. pii: S0140-6736(16)00140-9. doi: 10.1016/S0140-6736(16)00140-9.
8. Nishtar S, Chishtie F, Chishtie J, Malik M, Ehsan H, Qazi Y, Amjad S. Pak-India collaborations in health: insights and way forward. *Glob Public Health*. 2015;10(7):794-816
9. Sarah Whitmee, Andy Haines, Chris Beyrer, Frederick Boltz, Anthony G Capon, Braulio Ferreira de Souza Dias, Alex Ezeh, Howard Frumkin, Peng Gong, Peter Head, Richard Horton, Georgina M Mace, Robert Marten, Samuel S Myers, Sania Nishtar, Steven A Osofsky, Subhrendu K Pattanayak, Montira J Pongsiri, Cristina Romanelli, Agnes Soucat, Jeanette Vega, Derek Yach. Safeguarding human health in the Anthropocene epoch: report of The Rockefeller Foundation–Lancet Commission on planetary health. *The Lancet* 2015. <http://www.thelancet.com/commissions/planetary-health>

10. David L Heymann, Lincoln Chen, Keizo Takemi, David P Fidler, Jordan W Tappero, Mathew J Thomas, Thomas A Kenyon, Thomas R Frieden, Derek Yach, Sania Nishtar, Alex Kalache, Piero L Olliaro, Peter Horby, Els Torreele, Lawrence O Gostin, Margareth Ndomondo-Sigonda, Daniel Carpenter, Simon Rushton, Louis Lillywhite, Bhimsen Devkota, Khalid Koser, Rob Yates, Ranu S Dhillon, Ravi P Rannan-Eliya. Global health security: the wider lessons from the west African Ebola virus disease epidemic *The Lancet*, Vol. 385, No. 9980, p1884–1901
11. Peter Gluckman P, Nishtar S. Armstrong T. Ending childhood obesity: a multidimensional challenge. *The Lancet* 2015. DOI: [http://dx.doi.org/10.1016/S0140-6736\(15\)60509-8](http://dx.doi.org/10.1016/S0140-6736(15)60509-8)
12. Gutierrez H, Shewade A, Dai M, Mendoza-Arana P, Gómez-Dantés O, Jain N, Khonelidze I, Nabyonga-Orem J, Saleh K, Teerawattananon Y, Nishtar S, Hornberger J> Health Care Coverage Decision Making in Low- and Middle-Income Countries: Experiences from 25 Coverage Schemes. *Popul Health Manag.* 2014 Nov 13. 25393442
13. Nishtar S. Reflections from my tenure as minister. *Lancet* 2014 Sep 3. pii: S0140-6736(14)61284-8. doi: 10.1016/S0140-6736(14)61284-8. [Epub ahead of print]
14. Russell E, Swanson RC, Atun R, Nishtar S, Chunharas S. Systems thinking for the post-2015 agenda. *Lancet.* 2014 Jun 21;383(9935):2124-5. doi: 10.1016/S0140-6736(14)61028-X.
15. Nishtar S. Health in the post-2015 agenda: three considerations in moving forward. *Nishtar S. East Mediterr Health J.* 2014 Mar 13;20(2):71-2.
16. Nishtar S and Ralston J. Can human resources for health in the context of non-communicable disease control be a lever for health system changes? *Bulletin of the World Health Organization.* 2013 November; 91(11):895-896. doi: 10.2471/BLT.13.118711.
17. Bhutta ZA, Nishtar S. Health and research in Pakistan - Authors' reply. *Lancet* 2013; 382(9900):1246.
18. Nishtar S, Boerma T, Amjad S, et al. Pakistan's health system: performance and prospects after the 18th Constitutional Amendment. *Lancet* 2013 May 16. doi:pii: S0140-6736(13)60019-7. 10.1016/S0140-6736(13)60019-7.
19. Ahmed QA, Nishtar S, Memish ZA. Poliomyelitis in Pakistan: time for the Muslim world to step in. *Lancet.* 2013 May 4;381(9877):1521-3. doi: 10.1016/S0140-6736(13)60764-3. Epub 2013 Apr 24.
20. Atun R, Jaffar S, Nishtar S, et al. Improving responsiveness of health systems to non-communicable diseases. *Lancet.* 2013 Feb

- 23;381(9867):690-7. doi: 10.1016/S0140-6736(13)60063-X. Epub 2013 Feb 12.
21. Nishtar S, Bhutta ZA, Jafar TH, et al. Health reform in Pakistan: a call to action. *Lancet*. 2013 May 16. doi:pii: S0140-6736(13)60813-2. 10.1016/S0140-6736(13)60813-2.
22. Attaran A, Barry D, Basheer S, Bate R, Benton D, Chauvin J, Garrett L, Kickbusch I, Kohler JC, Midha K, Newton PN, Nishtar S, Orhii P, McKee M. How to achieve international action on falsified and substandard medicines. *BMJ*. 2012 Nov 13;345:e7381. doi: 10.1136/bmj.e7381
23. Nishtar S. Pakistan's deadly cocktail of substandard drugs. *The Lancet* - 5 March 2012. DOI: 10.1016/S0140-6736(12)60277-3
24. Nishtar S, Khalid F, Batool N, et al. Heartfile Health Financing: striving to Achieve Health Equity in Pakistan. http://www.who.int/sdhconference/resources/draft_background_paper26_pakistan.pdf (accessed Dec 2, 2011)
25. Rabkin M, Nishtar S. Scaling Up Chronic Care Systems: Leveraging HIV Programs to Support Non-Communicable Disease Services. *J Acquir Immune Defic Syndr* 2011;57(2):87-90.
26. Robert Beaglehole, Ruth Bonita, George Alleyne, Richard Horton, Liming Li, Paul Lincoln, Jean Claude Mbanya, Martin McKee, Rob Moodie, Sania Nishtar, Peter Piot, K Srinath Reddy, David Stuckler, for The Lancet NCD Action Group. UN High-Level Meeting on Non-Communicable Diseases: addressing four questions. Published online June 13, 2011 DOI:10.1016/S0140-6736(11)60879-9
27. Nishtar S, Mehboob AB. Pakistan prepares to abolish Ministry of Health. *Lancet* Published online May 5, 2011 DOI:10.1016/S0140-6736(11)60606-5 2011
28. Beaglehole R, Bonita R, Horton R, Adams C, Alleyne G, Asaria P, Baugh V, Bekedam H, Billo N, Casswell S, Cecchini M, Colagiuri R, Colagiuri S, Collins T, Ebrahim S, Engelgau M, Galea G, Gaziano T, Geneau R, Haines A, Hospedales J, Jha P, Keeling A, Leeder S, Lincoln P, McKee M, Mackay J, Magnusson R, Moodie R, Mwatsama M, **Nishtar S**, Norrving B, Patterson D, Piot P, Ralston J, Rani M, Reddy KS, Sassi F, Sheron N, Stuckler D, Suh I, Torode J, Varghese C, Watt J; Lancet NCD Action Group; NCD Alliance. Priority actions for the non-communicable disease crisis. *Lancet*. 2011 Apr 23;377(9775):1438-47.
29. Nishtar S. The Challenges of Scaling up. *Lancet* 2011;377:986. <http://download.thelancet.com/pdfs/journals/lancet/PIIS0140673611603747.pdf>

30. Nishtar S. H1N1 crisis in Pakistan—lessons learnt. NTS Working Paper Series, Working Paper No. 4, 2011. Centre for Non-Traditional Security Studies, Singapore.
http://www.heartfile.org/pdf/NTS_Working_Paper4.pdf.
31. Nishtar S, Khalid F, Ikram A, et al. Protecting the poor against health impoverishment in Pakistan: proof of concept of the potential within innovative web and mobile phone technologies. Background Paper to the World Health Report, 2010, Health Systems Financing (World Health Organization)
http://www.who.int/healthsystems/topics/research/55Heartfile_HEF_POC.pdf (accessed December, 27, 2010)
32. Samb B, Desai N, **Nishtar S**, Mendis S, Bekedam H, Wright A, et.al. Prevention and management of chronic disease: a litmus test for health-systems strengthening in low-income and middle-income countries. *The Lancet* 2010;376(9754): 1785-97.
33. F. Sabih, KM Bile, W. Buehler A. Hafeez, S. Nishtar, S. Siddiqi Implementing the district health system in the framework of primary health care in Pakistan: can the evolving reforms enhance the pace towards the Millennium Development Goals? *Eastern Med health journal* Volume 16 (September) Supplement, 2010.
http://www.emro.who.int/Publications/EMHJ/16_Supp/article17.htm
34. A.Y. Alam, **S. Nishtar**, S. Amjad, K.M. Bile Impact of wealth status on health outcomes in Pakistan. *Eastern Med health journal* Volume 16 (September) Supplement, 2010.
http://www.emro.who.int/Publications/EMHJ/16_Supp/article19.htm
35. **Nishtar S**. Corruption in health systems. *Lancet* 2010; 376(9744):874.
36. **Nishtar S**, Bile KM. The public-private niche in health — opportunities for the Friends of Democratic Pakistan. *J Pak Med Assoc* 2010; 60(5):333-4.
37. **Nishtar S**. Scaling up Financing for Health. *Lancet* 2010;375:983
38. **Nishtar S**. Choked Pipes — Reforming Pakistan’s Mixed Health System (invited editorial). *J Pak Med Assoc* 2010;60(4):252-3
39. **Nishtar S**. Mixed Health Systems Syndrome. *Bull World Health Organ* 2010;88:74-75. doi: 10.2471/BLT.09.067868
<http://www.who.int/bulletin/volumes/88/1/09-067868/en/>
40. **Nishtar S**. Pakistan, Politics and Polio. *Bull World Health Organ* 2010.
<http://www.who.int/bulletin/volumes/88/4/09-066480.pdf>
41. **Nishtar S**. Amjad S. Synergizing health and population in Pakistan. *J Pak Med Assoc* 2009;Suppl3:S3-20.

42. **Nishtar S.** Amjad S. Pakistan's Health Population Mantra. *J Pak Med Assoc* 2009;Suppl3:S1-2.
43. Atun R, Dybul M, Evans T, Kim JY, Moatti JP, **Nishtar S**, Russell A. Venice Statement on global health initiatives and health systems. *Lancet* 2009; 374(9692): 783-4
44. Lagomarsino G, de Ferranti D, Pablos-Mendez A, Nachuk S, **Nishtar S**, Wibulpolprasert S. Public stewardship of mixed health systems. *Lancet* 2009 Nov 7;374(9701): 1577-8
45. World Health Organization Maximizing Positive Synergies Collaborative Group, Samb B, Evans T, Dybul M, Atun R, Moatti JP, **Nishtar S**, Wright A, Celletti F, Hsu J, Kim JY, Brugha R, Russell A, Etienne C. An assessment of interactions between global health initiatives and country health systems. *Lancet* 2009;20(373):2137-69
46. **Nishtar S.** How important are health systems in the prevention of cardiovascular and other noncommunicable diseases? *Nat Clin Pract Cardiovasc Med.* 2009;6(3):170-1
47. **Nishtar S.** Pablos-Mendez A. The global financial downturn—imperatives for the health sector. *Lancet* 2009;373:124.
48. Evans T, **Nishtar S**, Atun R, Etienne C. Scaling up research and learning for health systems: time to act. *Lancet* 2008;372(9649):1529-31.
49. Siddiqui S, Masud TI, **Nishtar S**, Peters DH, Sabri B, Bile KM, Jama MA. Framework for assessing governance of the health system in developing countries: Gateway to good governance. *Health Policy* 2008 [Epub ahead of print]
50. Rizvi N, **Nishtar S**. Pakistan's health policy: appropriateness and relevance to women's health needs. *Health Policy* 2008 May 12. [Epub ahead of print]
51. Wierzbicki AS, **Nishtar S**, Lumb PJ, Lambert-Hammill M, Crook MA, Marber MS, Gill J. Waist circumference, metabolic syndrome and coronary artery disease in a Pakistani cohort. *Int J Cardiol* 2008;128(1):77-82. Epub 2007 Aug 8.
52. Wierzbicki AS, **Nishtar S**, Lumb PJ, Lambert-Hammill M, Crook MA, Marber MS, Gill J. Insulin resistance phenotypes and coronary artery disease in a native Pakistani cohort. *Int J Clin Pract* 2008;62(5):701-7. Epub 2008 Mar 12.
53. **Nishtar S.** Integrating a new public health order. *Lancet* 2007;370(9603):1901.

54. **Nishtar S.** Time for a global partnership on non-communicable diseases. *Lancet* 2007;370(9603):1887-8.
55. Alam AY, Iqbal A, Mohamud KB, Laporte RE, Ahmed A, Nishtar S. Investigating socio-economic-demographic determinants of tobacco use in Rawalpindi, Pakistan. *BMC Public Health* 2008;8(1):50
56. Abegunde DO, Shengelia B, Luyten A, Cameron A, Celletti F, **Nishtar S**, Pandurangi V, Mendis S. Can non-physician health-care workers assess and manage cardiovascular risk in primary care? *Bull World Health Organ* 2007;85(6):432-40.
57. **Nishtar S.** Politics of health systems: WHO's new frontier. *Lancet*. 2007 Sep 15;370(9591):935-6.
58. **Nishtar S.** The WHO Director General election finale. *Lancet* 2007;369(9557):185.
59. **Nishtar S.** Community health promotion—a step further. *Promot Educ.* 2007;14(2):61-2, 109-10, 124-5.
60. Ronis KA, **Nishtar S.** Community health promotion in Pakistan: a policy development perspective. *Promot Educ.* 2007;14(2):98-9.
61. **Nishtar S.** Health reforms in Pakistan—configuring health beyond the health sector. *J Pak Med Assoc.* 2006 Dec;56(12 Suppl 4):S120-35.
62. **Nishtar S.** Evidence from research and its implications for health reforms in Pakistan: the Gateway Paper perspective. *J Pak Med Assoc.* 2006 Dec;56(12 Suppl 4):S112-9.
63. **Nishtar S.** Pharmaceuticals—strategic considerations in health reforms in Pakistan. *J Pak Med Assoc.* 2006 Dec;56(12 Suppl 4):S100-11.
64. **Nishtar S.** Human resource solutions—the Gateway Paper-proposed health reforms in Pakistan. *J Pak Med Assoc.* 2006 Dec;56(12 Suppl 4):S94-9.
65. **Nishtar S.** The Gateway Paper-proposed health reforms in Pakistan—interface considerations. *J Pak Med Assoc.* 2006 Dec;56(12 Suppl 4):S78-93.
66. **Nishtar S.** The Gateway Paper—health service delivery outside of the public sector in Pakistan. *J Pak Med Assoc.* 2006 Dec;56(12 Suppl 4):S66-77.
67. **Nishtar S.** The Gateway Paper—preventive and promotive programmes in Pakistan and health reforms in Pakistan. *J Pak Med Assoc.* 2006 Dec;56(12 Suppl 4):S51-65.

68. **Nishtar S.** The Gateway Paper—public sector service delivery infrastructure and health reforms in Pakistan. *J Pak Med Assoc.* 2006 Dec;56(12 Suppl 4):S43-50.Nishtar S.
69. **Nishtar S.** The Gateway Paper—financing health in Pakistan and its linkage with health reforms. *J Pak Med Assoc.* 2006 Dec;56(12 Suppl 4):S25-42.
70. **Nishtar S.** The Gateway Paper—stewardship and governance in the health sector in Pakistan. *J Pak Med Assoc.* 2006 Dec;56(12 Suppl 4):S14-24.
71. **Nishtar S.** The Gateway Paper—context and configuration of the proposed health reforms in Pakistan. *J Pak Med Assoc.* 2006 Dec;56(12 Suppl 4):S2-13.
72. **Nishtar S,** et al. The Heartfile Lodhran CVD prevention project – end of project evaluation. *Promotion and Education* 2007;XIV(1):17-27.
73. **Nishtar S,** Voute J. Women and Heart Disease: time for change. *Nat Clin Pract Cardiovasc Med* 2007;4(5):231.
74. **Nishtar S.** Lessons in tackling chronic disease. *BMJ* 2006;333(7573)820.
75. **Nishtar S.** Heartfile’s Contribution to Health Systems Strengthening in Pakistan. *Eastern Mediterranean Journal* 2006; 12(2)S38-S53.
76. **Nishtar S,** Perry M, Lammare MC, Ritchie J. Global Consortium on Community Health Promotion. *Promotion and Education* 2006;XIII(1):7-8.
77. **Nishtar S,** Shera S. Diabetes prevention and control as part of the integrated non-communicable disease strategy: the Pakistan approach. *Practical Diabetes Int* 2006;23(8):1-3.
78. **Nishtar S.** Improving Heart Health in Europe. *Circulation* 2006;113(4):f16.
79. **Nishtar S,** Lateef E. Tobacco Control – an integral component of the National Action Plan on NCDs in Pakistan. *Prevention and Control.*
80. **Nishtar S,** Bile KM, Ahmed A, Amjad S, Iqbal A. Integrated population-based surveillance of non-communicable diseases—the Pakistan model. *Am J Prev Med.* 2005 Dec;29(5 Suppl 1):102-6.
81. Azad N. **Nishtar S.** A call for a gender-specific approach to address the worldwide cardiovascular disease burden. *Prevention and Control* 2005;1:223-7.
82. Voûte J, **Nishtar S,** Grizeau-Clemens D. World Heart Day 2000-2004 – A day that builds awareness and capacity. *Prevention and Control,* 2005, 1:17-19.

83. **Nishtar S**, Bile KM, Ahmed A, Faruqui AMA, Mirza Z, Shera S, et al. Process, rationale, and interventions of Pakistan's National Action Plan on Chronic Diseases. *Prev Chronic Dis*. 2006 Jan;3(1):A14. Epub 2005 Dec 15.
84. AS Wierzbicki, **S Nishtar**, P J Lumb, M Lambert-Hamill, C N Turner, MA Crook, M S Marber, Gill JS. Metabolic syndrome and risk of coronary heart disease in a Pakistani population. *Heart* 2005;91:1003–1007.
85. AS Wierzbicki, **S Nishtar**, P J Lumb, M Lambert-Hamill, C N Turner, M ACrook, M S Marber, Gill JS. Impaired renal function and atherosclerosis in a Pakistani cohort. *Curr med Res Opin* 21(8); 2005: 1201–1207.
86. **Nishtar S**, Minhas FA, Ahmed A, Badar A, Mohamud KB. Prevention and control of mental illnesses and mental health: National Action Plan for NCD Prevention, Control and Health Promotion in Pakistan. *J Pak Med Assoc*. 2004;54(12 Suppl 3):S69-77.
87. **Nishtar S**, Mohamud KB, Razzak J, Ghaffar A, Ahmed A, Khan SA, Mirza YA. Injury prevention and control: National Action Plan for NCD Prevention, Control and Health Promotion in Pakistan. *J Pak Med Assoc*. 2004;54(12 Suppl 3):S57-68.
88. **Nishtar S**, Ahmed A, Bhurgri Y, Mohamud KB, Zoka N, Sultan F, Jafarey NA. Prevention and control of cancers: National Action Plan for NCD Prevention, Control and Health Promotion in Pakistan. *J Pak Med Assoc*. 2004;54(12 Suppl 3):S45-56.
89. **Nishtar S**, Ahmed A, Kazi Y, Khan A, Mohamud KB. Prevention and control of chronic chest diseases: National Action Plan for NCD Prevention, Control and Health Promotion in Pakistan. *J Pak Med Assoc*. 2004;54(12 Suppl 3):S42-4.
90. **Nishtar S**, Mirza Z, Mohamud KB, Latif E, Ahmed A, Jafarey NA. Tobacco control: National Action Plan for NCD Prevention, Control and Health Promotion in Pakistan. *J Pak Med Assoc*. 2004;54(12 Suppl 3):S31-41.
91. **Nishtar S**, Shera S, Rafique G, Mohamud KB, Ahmed A. Diabetes prevention and control: National Action Plan for NCD Prevention, Control and Health Promotion in Pakistan. *J Pak Med Assoc*. 2004;54(12 Suppl 3):S26-30.
92. **Nishtar S**, Faruqui AM, Mattu MA, Mohamud KB, Ahmed A. The National Action Plan for the Prevention and Control of Non-Communicable Diseases and Health Promotion in Pakistan—Cardiovascular diseases. *J Pak Med Assoc*. 2004;54(12 Suppl 3):S14-25.
93. **Nishtar S**. The National Action Plan for the Prevention and Control of Non-Communicable Diseases and Health Promotion in Pakistan—Common action area. *J Pak Med Assoc*. 2004;54(12 Suppl 3):S9-13.

94. **Nishtar S.** The National Action Plan for the Prevention and Control of Non-Communicable Diseases and Health Promotion in Pakistan—Prelude and finale. *J Pak Med Assoc.* 2004;54(12 Suppl 3):S1-8.
95. **Nishtar S.** Editor - Special supplement – National Action Plan for Prevention and Control of Non-Communicable Diseases and Health Promotion in Pakistan. *J Pak Med Assoc* 2004.
96. **Nishtar S, Zoka N, Nishtar S. S, Khan Y, Jehan S, Mirza Y. A.** Poster as tool for disseminating health related information in a developing country: a pilot experience. *JPMA* 2004
97. **Nishtar S.** Public-private partnerships in health - a global call to action. *Health Res Policy Syst.* 2004 Jul 28;2(1):5.
98. **Nishtar S.** Prevention of non-communicable diseases in Pakistan: an integrated partnership-based model. *Health Res Policy Syst.* 2004 Sep 13;2(1):7.
99. **Nishtar S, Mirza YA, Jehan S, Hadi Y, Badar A, Yusuf S, Shahab S.** Newspaper articles as a tool for cardiovascular prevention programmes in a developing country. *J Health Commun.* 2004 Jul-Aug;9(4):355-69.
100. **Nishtar S.** The SAARC Seven – regional cooperation for sustainable health outcomes. *BMJ* 2004. *BMJ* 2004;328:837.
101. **Nishtar S.** Coronary Heart Disease Prevention in South Asia. *Lancet* 2002; 360: 1015-18.
102. **Jabbour S, Nishtar S, Prabhakaran D, Chockalingham A, Achiutti A, Agrawal A, Luna M, Garofalo F, Wielgosz A.** Information and communication technology in cardiovascular disease prevention in developing countries: Hype and Hope. *Int J Cardiol.* 2003 Dec; 92(2-3): 105-11.
103. **Nishtar S, Wierzbicki AS, Lumb P, Hammill ML, Turner CN, Cook MA, et al.** Low HDL and waist hip ratio predict the risk of coronary artery disease in Pakistanis. *Curr med Res Opin* 2004; 20(1): 55-64.
104. **Nishtar S.** Cardiovascular disease prevention in low-resource settings: lessons from the Heartfile experience in Pakistan. *Ethnicity and Disease* 2003; 13(S2): S2/138-148.
105. Bayes de Luna A, Tse TF, de Figueiredo MB, Maranhao M, Voute J, **Nishtar S, Fuster V, Poole-Wilson P;** World Heart Federation. World Heart Day: a World Heart Federation enterprise promoting the prevention of heart disease and stroke across the world. *Circulation.* 2003 Sep 2;108(9):1038-40.

106. Nishtar S, Gill JS, Wierzbicki AS. Smoking exposure in patients with and without angiographic coronary heart disease in a Pakistani population. *J Am Coll Cardiol* 2002; 39(9) Suppl B: 460B-461B.
107. Nishtar S, Khan IS, Mattu MA, Saleem M. Surviving ventricular rupture. *PIMS Jour Surg* 1997; 13:72-3.
108. Nishtar S, Zafar J. Hypothyroid cardiomyopathy: a case report. *Pak Heart Jour* 1998; 31(3-4): 62-5.
109. **Nishtar S**, Mattu MA, Khan IS. Frequency of left anterior descending artery disease occurrence: A PIMS experience. *Pak Heart Jour* 1998; 31(3-4) 40-4.
110. **Nishtar S**, Mattu MA. Review Article: Cardiac valvular involvement in systemic lupus erythematosus. *Pak J Cardiol* 1997;8(3,4): 66-8.
111. **Nishtar S**, Khan IS, Shahab S. Diagnostic accuracy of spect scanning in the diagnosis of ischaemic heart disease using coronary angiography as a gold standard: A PIMS experience. *Pak J Cardiol* 1998: 9(4): 83-7.
112. **Nishtar S**, Mattu MA. Linked angina (Editorial). *Pak J Cardiol* 1998; 9(1-2):1.
113. **Nishtar S**. Lipid levels in Pakistanis overseas: lessons learnt. (Editorial). *Pak J Cardiol* 1998:9(4): 1.
114. **Nishtar S**. The role of vitamins in coronary artery disease. *Pak J Cardiol* 1999:10(1) 5-7.
115. **Nishtar S**. Thrombogenicity of anticoagulants. *Pak J Cardiol* 1993:10(1):3.
116. **Nishtar S**. Inferior wall artifacts in Pakistanis: the central obesity effect: Supplement to the American Journal Nuclear Cardiology, Jan-Feb 1999 Issue.
117. Nishtar S, Shahab S, Gill JS. Preventive cardiac care targeting women in Pakistan: an unfinished agenda. *Can Jour Cardiol* 2000:16 B: 65-6.
118. Nishtar S. Peripartum cardiomyopathy: an overview. *Pak Heart Jour* 2000; 11(1):34-8.
119. Nishtar S. Women in South Asia: a long way from basic cardiovascular care. *Indian Heart Journal* 2000; 56(2):706 (Abstract).
120. Nishtar S. Echocardiographic identification of clinically silent lesions in SLE. *Indian Heart Journal* 2000; 56(2):781 (Abstract)

121. Nishtar S. Customized guidelines for cardiovascular disease prevention and management in South Asia. *Japanese Journal of Cardiovascular Disease prevention* 2001:36 suppl 1:50.
122. Nishtar S. Shahab S. Cost and sustainability of long term therapy of coronary artery disease in low-income countries. *Japanese Journal of Cardiovascular Disease prevention* 2001:36 suppl 1:171

Books, book chapters, monographs

1. Sania Nishtar. *Fusion Funds for Health*, In *Saving Humanity*. Eds. Steven Hoffman and Julio Frenk. 2015, Oxford University press, New York.
2. Sir George A. & Nishtar S. Sectoral Cooperation for the Prevention and Control of NCDs. In: Sturchio JL and Galambos L (eds) *Noncommunicable Diseases in the Developing World: Addressing Gaps in Global Policy and Research*: Johns Hopkins University Press, 2013.
3. Ralston J, & Nishtar S. NCDs and Civil Society, a history and a roadmap. In: McQueen DV (eds) *Global Handbook on Non-communicable diseases*: New York, Springer, 2013.
4. Nishtar S. Pakistan: potential to achieve universal coverage for health. *Attaining Universal Health Coverage – A research initiative to support evidence-based advocacy and policy-making*. EGEA 2010.
5. Nishtar S. *Choked Pipes: Reforming Pakistan's Health System*. Oxford University Press, 2010. ISBN 978-0-19-547969-0
6. Nishtar S. Health Indicators of Pakistan. Gateway Paper II. *Heartfile, Pakistan's Health Policy Forum, Federal Bureau of Statistics and Ministry of Health*; 2006.
7. Nishtar S. The Gateway Paper: Reforming Health Systems in Pakistan – a Strategic View. *Heartfile and Pakistan's Health Policy Forum*; 2005.
8. Nishtar S. The National Action Plan for Prevention and Control of Non-Communicable Diseases and Health Promotion in Pakistan. *Heartfile* 2004.
9. Nishtar S. Prevention of Coronary Heart Disease in South Asia. *Heartfile and SAARC Cardiac Society*. ISBN 969-8651-00-4. Islamabad, Pakistan.
10. Nishtar S. Public-Private Partnerships in the health sector – a call to action. *The Commonwealth Health Ministers Book*; 2007
11. Nishtar S. Health chapter. *Vision 2030 of the Planning Commission of Pakistan*

12. Nishtar S. Health section. National Commission for Government Reform.
2007

Op-ed columns in national newspapers

A number of policy Viewpoints on contemporary issues relevant to governance in Pakistan, have been published in national newspapers. Details can be accessed at: <http://www.heartfile.org/publications/>

International conferences, consultations and invited talks:

Nairobi, December 18-19, 2017

The National Academies Global Study on the Quality of Healthcare in Low- and Middle-Income Countries Committee meeting

Attended as Chair of committee

Tokyo, December 12-15, 2017

Universal Health Coverage Forum

Attended as Plenary speaker and moderator

Sharjah, UAE, December 9, 2017

Non-communicable diseases forum

Attended as keynote speaker

London, November 20, 2017

Rethinking the Global System for Health in Agenda 2030

Attended the meeting as an invited expert and speaker

Dubai, November 10-12, 2017

World Economic Forum, Global Agenda Council

Attended as chair of the Global Future Council on Healthcare

Boston, October 23, 2017

Harvard Symposium on women in the workforce

Keynote speaker

Montevideo, Uruguay, October 20, 2017

WHO Global Conference on NCDs

Plenary speaker

Washington, October 18-19, 2017

The National Academies Global Study on the Quality of Healthcare in Low- and Middle-Income Countries

Attended as Chair of committee

San Francisco, October 12, 2017

Women Leaders in Global Health conference, Stanford University

Featured speaker

New York, September 2017

Impact Summit of the World Economic Forum

Plenary speaker

New York, September 2017

Sun Lead group meeting in New York

Member of Advisory Group

New York, September 2017

Launch of the Access to Treatment for NCDs Alliance

Keynote speaker

Brussels: September 7, 2017

European Public Health Alliance's 8th annual conference

Keynote speech

New York: September 18, 2017

Launch of the Access to Treatment for NCDs Alliance

Keynote speech

New York: September 19, 2017

World Economic Forum Sustainable Development Impact Summit

Panelist in session on NCD Financing

Singapore: July 13th 2017

2nd Global Summit on Circulatory Health

Closing keynote speech

Geneva, Switzerland: 22-31, May 2017

Seventieth World Health Assembly

Attended as WHO Director General Nominee

Suva, Fiji: April 25, 2017

Pacific Heads of Health Meeting, Fiji

Addressed participants as WHO Director General Nominee

Quito, Ecuador: March 31, 2017

Special panel discussion for WHO DG nominees at the UNASUR meeting

Addressed participants as WHO Director General Nominee

Geneva, Switzerland: March 6, 2017
Political leadership for global health
Attended as WHO Director General Nominee and plenary panelist

Paris, France: February 10, 2017
DG WHO Nominees event at Science Po in Paris
Attended as WHO Director General Nominee and plenary panelist

Bangkok, Thailand: February 3, 2017
DG WHO Nominees event at Prince Mahidhol Award Conference
Attended as WHO Director General Nominee and plenary panelist

Davos: January: 19-24, 2017
World Economic Forum Annual meeting
Attended as co-Chair of the Global Future Council on Health and Healthcare and moderator of the session on the Future of Healthcare

Geneva, Switzerland: 23 January-1 February 2017.
140th session of the Executive Board of the WHO

Geneva, Switzerland: 1-2 November 2016.
Director-General Candidates forum

Doha, Qatar: November 30, 2016.
World Innovation Summit for Health 2016

Shanghai, China: November 25, 2016
Shanghai Global Conference on health promotion

Manila, Philippines, 10–14 October 2016.
Sixty-seventh session of the WHO Regional Committee for the Western Pacific Region.
Attended as WHO Director General Candidate

Cairo, Egypt, 3–6 October 2016.
Sixty-third session of the WHO Regional Committee for the Eastern Mediterranean Region.
Attended as WHO Director General Candidate

Washington, 26-30 September 2016.
Sixty-eighth session of the WHO Regional Committee for the Americas.
Attended as WHO Director General Candidate

Copenhagen, Denmark, 12–15 September 2016.
Sixty-sixth session of the WHO Regional Committee for Europe.
Attended as WHO Director General Candidate

Addis Ababa, Ethiopia. August 2016.
Sixty-sixth session of WHO Regional Committee for African Region.

Attended as WHO Director General Candidate

Geneva, Switzerland: 23–28 May 2016. Sixty-Ninth World Health Assembly, Attended as WHO Director General Candidate

Geneva, Switzerland: January 25, 2016

Launching of the final report of the Commission on Ending Childhood Obesity at the World Health Organization headquarter

Co-chaired the meeting

Oxford, UK. January 7-10, 2016

Emerging Markets Symposium at the Green Templeton College, Oxford University:

emerging markets and the future of young people

Attended the meeting as an invited expert

Geneva, Switzerland: November 30-December 1, 2016

Partnership Building for NCDs at World Health Organization

Keynote speaker at the event

Geneva, Switzerland: November 30-December 1, 2016

Fourth meeting of the Commission on Ending Childhood Obesity

Co-chaired the meeting

Paris, France: December 5, 2015

The Fourth Climate and Health Summit

Plenary talk on the role of public policy in shaping the post 2015 agenda

Istanbul, Turkey, November 18, 2015

The World Cancer Leaders' Summit

Keynote speech on Conflict of interest

Valletta, Malta, October 29-30

EURO Regional consultation of the Commission on Ending Childhood Obesity

Chaired the consultation

New York, September 22, 2015

The Rockefeller Foundation hosted global premiere of the documentary based on Sania Nishtar's book, "Choked Pipes"

Washington, September 21, 2015

Opening talk on the "Current state of global financing for pandemic response at the World Bank's Global Pandemic Financing Stakeholders' Meeting

London, September 11, 2015

Royal Society of Medicine hosted sneak preview of a documentary based on Sania Nishtar's book, "Choked Pipes"

Dalian, China, September 9, 2015

Annual meeting of Champions of the World Economic Forum
Moderated a session on the “Future of healthcare”

Mexico, August 26-27, 2015

PAHO Regional consultation of the Commission on Ending Childhood Obesity
Chaired the consultation
Attended the meeting as Co-Chair of the Commission

Cairo, Egypt, July 2-3, 2015

EMRO Regional consultation of the Commission on Ending Childhood Obesity
Chaired the consultation

Hong Kong, June 22-23, 2015

Third Meeting of the WHO Commission on Ending Childhood Obesity
Attended the meeting as Co-Chair of the Commission

Baku, Azerbaijan, May 2, 2015

Seminar Series, Annual Board Meeting of the Asian Development Bank
Plenary panel speaker

Boston, USA. March 29, 2015

Pakistan Harvard Forum
Keynote speaker

Manila, Philippines, March 24-25, 2015

Regional consultation of the Commission on Ending Childhood Obesity
Attended the meeting as Co-Chair of the Commission

New York, USA. January 15-16, 2015

Lancet-Rockefeller Planetary Health Commission Peer review meeting
Attended the meeting as a Commissioner

Geneva-Switzerland. January 13-14, 2015

Second Meeting of the Commission on Ending Childhood Obesity
Attended the meeting as Co-Chair of the Commission

Mexico. December 9, 2014

International Seminar on Public Policies against Childhood Obesity and Overweight
Key note speaker of the event through a video link

Dubai, UAE. November 9-10, 2014

World Economic Forum’s Summit on the Global Agenda
Attended the meeting as a member of the Global Agenda Council

Rome, Italy. November 19-21, 2014

Second International Conference on Nutrition, ICN2
Attended meeting as Roundtable Speaker

Melbourne, Australia. October 22, 2014

Nossal Institutes 10th Annual Global Health Forum
Special invited guest for a video presentation

Geneva, Switzerland. October 13- 14, 2014
Commission on Ending Childhood Obesity: Hearings with non-State actors
Attended the Hearings in capacity as Co-chair of the Commission

New York, USA. September 22, 2014
MSH event: A toast to Universal health Coverage
Amongst a select group of global health thinkers who presented a toast to UHC

New York, USA. September 22, 2014
Global Access to Pain Control and Palliative Care
Attended the meeting as Commissioner

New York, USA. September 22, 2014
Universal Health Coverage: from the health worker lens
Attended as speaker on the panel

New York, USA. September 22, 2014
Rockefeller Foundation's UNGA side event: Delivering on UHC: why the time is now
Attended as speaker on the panel

Bellagio, Lombardy, Italy. July 2014
The Future of Planetary Health Commission meeting convened by Rockefeller
Foundation, the Economist Intelligence Unit and the Lancet
Participated as Commission member

New York, USA. July 11, 2014
NCD Alliance, Government of Sweden and CARICOM panel discussion on the sidelines
of the UN high level review on NCDs on "delivering solutions, accountability and
results"
Moderator of the panel discussion

New York, USA. July 12, 2014
NCDs review at the UN Headquarters
Roundtable speaker

Geneva, Switzerland. July 16-19, 2014
WHO commission on Ending Childhood Obesity
Attended the meeting as Co-Chair of the Commission

Boston, USA. June 1-5, 2014
Ministerial Health Leaders Forum
The Harvard School of Public Health and the Harvard Kennedy School
Attended the forum as a expert resource person

Stockholm, May 26-27, 2014

EAT Forum

Attended the forum as a Panelist
Stordalen Foundation

Geneva-Switzerland, May 19, 2014

Harvard Health Leaders' Ministerial Roundtable
Attended the Roundtable as a Panelist

Davos, January 22-25, 2014

World Economic Forum Annual Meeting
Invitee to the health sessions

Oxford, January 9-12, 2014

Emerging Market Symposium
Attended the meeting as an invited expert

Manila, Philippines. December 09, 2013

Asian Development Bank
Keynote address on World Anti-corruption Day celebrations at the Asian Development Bank Headquarters

Dubai, UAE. December 08, 2013

Regional Meeting on Accelerating Progress Towards UHC: Global Experiences & Lessons for the EMR
Attended as plenary panelist and Chair

Abu Dhabi, UAE. November 17-19, 2013

Summit on the Global Agenda, World Economic Forum
Attended as a Council Member

Washington DC, USA. November 6, 2013

Pakistan's Galloping Urbanization, Woodrow Wilson International Center for Scholars
Attended as Plenary panelist

Jakarta, Indonesia. October 23, 2013

OIC Conference
Panelist via video link

New York, USA. September 23-26, 2013

Clinton Global Initiative
Attended as 2013 members and commitment maker

New York, USA. September 25, 2013

UNICEF
Thought leaders lecture

New York, USA. September 23, 2013

Healthy planet, healthy people: building synergies for sustainable development
Panelist

Pattaya, Thailand, August 25, 2013
World Congress on Health Promotion
Opening Keynote Speaker

Geneva, Switzerland, July 30, 2013
ECOSOC high level segment
Panelist on Universal Health Coverage (through a video link)

Helsinki Finland, June 11-12, 2013
8GCHP 2013 Conference
Participated as Chair of the Plenary session

Geneva Switzerland, 20-28 May, 2013
World Health Assembly 2013
Attended as leader of the Pakistan delegation in Capacity as Federal Minister

Qatar, Doha, April 31, 2013
Invited guest to the High Level Strategic meeting to accelerate efforts to reach out of school children
Attended as State guest in capacity as Federal Minister of Education

Abu Dhabi United Arab Emirates, April 26-27 2013
Bill & Melinda Gates Foundation Global Vaccine Summit 2013
Participated as the opening plenary speaker

Gaborone, Botswana, March, 2013
Global Thematic Consultation on Health in the post 2015 Development Agenda
attended the meeting as an invited expert

Geneva, Switzerland. February 2013
WHO Expert group meeting on NCDs
Attended the meeting as an invited expert

Davos, Switzerland. January 2013
World Economic Forum Annual Meeting
Attended the meeting as a plenary session panelist

Oxford, UK. January 11-13, 2013
Symposium on Gender inequality in emerging markets
Attended the meeting as an invited expert

London, UK. December 14, 2012
Launch of the Global Burden of Disease Study, hosted by the Lancet and IHME at the Royal Society.
Chaired one of the four sessions

Dubai, UAE. November 12-14, 2012

World Economic Forum Summit on the Global Agenda 2012
Attended as a member of the WEF Global Agenda Council on Wellbeing and Mental Health

Gurgaon, India, November 6-8, 2012

World Economic Forum on India

Attended as panelist on the session “Health Collaboration as a Bridge”

Beijing China, November 1-4, 2012

2nd Global Symposium on Health System Research and Meeting of the Board of the Alliance HPSR-Beijing.

Attended as a plenary panelist in the Session “Post – 2015 Development Goals – Framing the Issues, Prioritizing Health and Using Evidence

Berlin, Germany, October 21-23, 2012

COHRED Partner Symposium-Global Health Summit

Beyond Forum 2012: Research and Innovation for Health, Equity and Development

Attended the meeting as a panelist

Tokyo, Japan, October 10-13, 2012

Annual Meetings of the International Monetary Fund

Global Health Session 1: Making the Case for Investing in Health, Again

Attended the meeting as a panelist

Bellagio Italy, September 25-28, 2012

Complex Systems Analysis: Advancing Health Systems Policy and Design and Planning at the Rockefeller Foundations’ Bellagio Center

Co-hosted the meeting

New York, USA. September 23-25, 2012

Clinton Global Initiative

Attended the meeting as a 2012 Member of CGI and Commitment maker

Riyadh, Saudi Arabia, September 10-12, 2012

High Level Conference on Non-Communicable Diseases organized by the Saudi

Arabian Ministry of Health and the WHO East Mediterranean Regional Office

Attended the meeting as a plenary speaker

Hiroshima, Japan. August 25, 2012

The 20th IPPNW World Congress

Attended the meeting as a plenary speaker in the session “World without Structural Violence and Human Security”.

London, UK. August 1, 2012

Global Health Policy Summit hosted by the Imperial College London and Qatar Foundation

Attended as a panelist in the session on Innovative Delivery Models

Washington, USA. July 22, 2012

Learning from HIV experience: An NCDs and health systems perspective. High level satellite meeting during the International AIDS conference hosted by WHO and UNAIDS

Opening Plenary speaker

London, UK. July 11, 2012

The London Launch of the Heartfile Leaders' Network at the House of Lords

Key note speaker

New York, USA. June 25, 2012

Clinton Global Initiative: Mid Year Meeting

Attended the meeting as a plenary speaker and Commitment presenter at a Commitment Workshop on “Multi-sectoral action on NCDs”.

Washington, USA. June 14-15, 2012

High level meeting on Child Survival: a Call to Action

Attended the meeting as a panelist in the session on “How to Reach Every Child with Essential Services: Coverage with quality and equity.”

Washington, USA. June 13, 2012

Global Alliance for Vaccine Initiative, Board Meeting

Attended as Chair of the Evaluation Advisory Committee and presented the committee update

Boston, USA. June 12, 2012

2nd Meeting of the Advisory Group of the WHO Global Strategy for Health Systems Research

Attended the meeting as a member of the Advisory Group

Washington, USA. June 11, 2012

Heartfile Leader’s Network launch hosted by Partners for a New Beginning, Aspen Institute

Attended the meeting as keynote speaker

Cape Town, South Africa. April 2012

COHRED Forum 2012

Attended two sessions as panelist and chaired one session

Oslo, Norway, April 2012

GAVI Board Retreat

Attended the meeting in her capacity as Chair of GAVI’s Evaluation Advisory Committee

New-York, USA. April 2012

2nd High Level Meeting on Wellbeing and Happiness

Hosted by Prime Minister Jigmi Y Thinley of Bhutan at the UN General Assembly
Attended the meeting as an invited expert

New-York, USA. April 2012

Columbia University consultation on Wellbeing and Happiness hosted by Jeffery Sachs
Attended the meeting as an invited expert

Cairo, Egypt. March 2012

WHO High-Level Meeting on Health Priorities, EMRO
Attended the meeting as an invited expert

Washington, USA. February 2012

NCD Working Group
Addressing Gaps in Policy and Research for Non-Communicable Diseases
Attended the meeting as a panellist

Davos, Switzerland. January 2012

World Economic Forum Annual Meeting
Attended as a Panelist on the session “Innovative Development Models”

Geneva, Switzerland. January 2012

GAVI Evaluation Advisory Meeting
Attended as the chair of the Evaluation Advisory Committee

Abu Dhabi, UAE. December 2011

2nd World Health Care Congress Middle East
Plenary speaker on Innovative Financing Models for Global Health Care Challenges

Dubai, UAE. December 2011

WHO Joint RPC/NCD Consultative Meeting on Building Regional NCD Research Agenda
and Enhancing Implementation on NCD Action Plan
Attended the meeting as an invited expert and WHO advisor

Istanbul, Turkey. December 2011

PNB Global Chapter Meeting
Attended the meeting as a plenary speaker and Member of the Partners for a New
Beginning initiative

Dhaka, Bangladesh. November 2011

GAVI Alliance Board Meeting
Attended as the chair of the Evaluation Advisory Committee

Geneva, Switzerland. October 2011

World Health Organization, Alliance for Health Policy and Systems Research Meeting
Attended the meeting as a Board Member of the Alliance

Rio De Janeiro, Brazil. October 2011

World Health Organization Conference on Social Determinants of Health
Participated at the Ministerial Panel

Abu Dhabi. United Arab Emirates. October 2011

World Economic Forum Summit on the Global Agenda 2011

Attended the meeting as a member of the Global Agenda Council on Health and Wellness

New York, USA. September, 2011

Clinton Global Initiative

Attended the meeting as an invited member and commitment featuring

St Gallen, Switzerland. August 30, 2011

The World Ageing and Generations conference, 2011

Plenary speaker in the first session titled "Demography meets health"

Delhi, India. July 30, 2011

Aman ki Asha Health committee meeting

Attended the meeting as meeting chair

New York, USA. July 27, 2011

Rockefeller Foundation's Innovation Forum

Attended the forum as a recipient of the Rockefeller Foundation's Innovation Award

Rome, Italy. July 15, 2011

IAS pre meeting on NCDs and HIV and AIDS

Chaired and moderated a panel discussion on "the rising prevalence of NCDs—implications for health policy and financing"

New York, USA. June 16, 2011

UN General Assembly Civil Society hearing on NCDs in preparation for the high level meeting in September.

Participated as the eminent panelist on one of the three roundtables

Washington, USA. June 14-15, 2011

Global Health Council meeting

Chaired the preview of WHO TDR's IDEAS Report and participated in the World Heart Federation panel on "collaborating to battle the number one cause of death: research alliance and case studies from the global cardiology community".

Washington, USA. June 14, 2011

US Institute of Peace seminar on Building Pakistan's human capital: a focus on health and education

Participated in the meeting as a panelist

Moscow, Russia. April 27-29, 2011

First Global Ministerial Conference on Healthy lifestyles and Non-communicable disease prevention and control

Participated in the meeting as member of the international Steering Committee and as a conference rapporteur for the closing plenary.

Toledo, Ohio. April 8, 2011

University of Toledo, Medical Mission Hall of Fame Induction Ceremony

Attended the meeting as a new inductee in the Hall of Fame

Dhaka, Bangladesh, March 15, 2011

13th Annual Scientific Conference icddr,b

Gave a presentation in the opening plenary on “Managing the public-private mix: remedies for the Mixed Health Systems Syndrome”

New York, USA. February 25, 2011

Parallel Event: 55th Session of the Commission on the Status of Women in New York>

Non-communicable diseases: a Priority for women’s health and development

Talk on women’s’ health and health systems

Lahore. February 17-19, 2011

US-Pakistan Muslim Engagement Initiative

Attended the meeting as a invited expert

Geneva, Switzerland. January 26-27.

First Global Ministerial Conference on health Lifestyles and NCD control Moscow.

Planning meeting

Attended the meeting as member of the Steering Committee

Oxford, UK. January 14-16, 2011

The Emerging Markets Symposium on Urbanization, health and human security: challenges for the emerging market countries

Attended the meeting as a invited expert and panelist

Bangkok, Thailand. December 14-15

Rockefeller Foundation’s Partners convening meeting: overcoming inequities in Asia.

Attended the meeting as an invited expert

Dubai, UAE. November 29-December 1, 2010

Summit of the Global Agenda Council, World Economic Forum

Attended the meeting as a member of the Global Agenda Council

Singapore. November 25, 2010

4th NTS-Asia annual convention

Talk on Global Architecture and Health in the opening plenary (participation through video)

Montreux, Switzerland. November 16-19, 2010

First Global Symposium on health systems research

i) Attended the meeting as member of the Council of Deans and Steering committee; ii) gave a plenary talk on Mixed Health Systems for Universal Coverage in the state of the art research plenary session; and iii) chaired the satellite session on Heartfile Health Financing

New York, USA. October 22-27, 2010

The Changing landscape of global public health: hosted by Columbia University School of Public Health

Plenary discussant response on the paper: “trends transforming the landscape”

London, UK. September 15, 2010

The Lancet Pakistan Series—Authors’ meeting. The Lancet

Co-chaired the meeting as series co-editor

Bellagio, Lake Como, Italy.

HIV and Health Systems: A Bellagio Center Conference. Mailman School of Public Health, Columbia University

August 17-20, 2010

Attended the meeting as an invited expert

Oxford, UK. July 21, 2010

Follow up to the Emerging Market’s Symposium on health management. Green Templeton College, Oxford University, UK.

Attended the meeting as an invited expert

Singapore. June 28-29, 2010.

Global Health Study Group Workshop. Center on Asia and Globalization, Lee Kwan Yew School of Public Policy

Attended the meeting as an invited expert

Amman, Jordan; June 7, 2010

Regional Conference on Achieving better health equity and efficiency in Middle East and North Africa. MENA Health policy Forum

Keynote address at the opening plenary

Delhi, India. May 31, 2010

AMEA Health and Wellness Council meeting, PEPSICo

Attended the meeting as a member of the Council

Milan, Italy; May 14, 2010

Bocconi University and Rockefeller foundation initiative on attaining universal coverage.

Talk on “Achieving universal health coverage: experiences of Pakistan”

Geneva, Switzerland; May 13, 2010

WHO Consultation on the Report of the Expert Working Group on R&D and Financing

Made the presentation on the report to the WHO Executive Board

Geneva, Switzerland; April 8-10, 2010

WHO Consultation - Review of International Experience in NCD Prevention and Control

Attended the consultation as an expert and speaker

Singapore, March 18, 2010

Strengthening health systems in Asia conference.

Panelist in the final plenary: way forward and recommendations (participation through video)

Geneva, Switzerland, March 3, 2010

Introductory seminar on Choked Pipes at the World Health Organization headquarter

Bangkok, Thailand, January 29, 2010

Prince Mahidhol Award Conference

Plenary session panelist in the session entitled “Who does what to health information systems”

Concurrent session panelist in the session entitled “Assessing health systems performance”

Dubai, UAE, January 26, 2010

Meeting of Friends of Democratic Pakistan

Concurrent and Plenary session presentation on Public-Private partnerships in the health sector

Oxford, UK, December 4, 2009

The Emerging Markets Symposium. Oxford University, Green Templeton College
Attended the Symposium as an invited expert

Geneva, Switzerland, November 30–December 02, 2009

3rd Meeting of WHO Director General’s Expert Working Group on R&D Financing
Attended the meeting as a member of the Expert Working Group

Dubai, UAE, November 20–22, 2009

Summit of the Global Agenda Council, World Economic Forum

Attended the meeting as a member of the Global Agenda Council

Havana, Cuba, November 16–20, 2009

13th Annual Meeting of the Global Forum for Health Research

Chaired the launch of the Alliance for Health Policy and Systems Research’s report entitled: Systems Thinking

Panelist at the Pre-Launch Preview of the self authored Book: Choked Pipes

Panelist in the closing plenary: recorded comments communicated

<http://www.youtube.com/watch?v=vvY1zupVQf8>

Nairobi, Kenya, October 26-30, 2009

7th Global Conference on Health Promotion

Panellist at the plenary session entitled: Convergent strategies, divergent histories, emergent opportunities:

health promotion, the social determinants of health and primary health care.

Recorded comments accessible at <http://www.youtube.com/watch?v=2H-z1muiMUA>

and <http://www.youtube.com/watch?v=5dAqVYllxA0>

Puyuhuapy, Chile, October 19–21, 2009

Planning meeting of the First Global Symposium on Health Systems Research

Attended the meeting as a member of Scientific Advisory Committee

Geneva, Switzerland, October 13-14, 2009

Board meeting. Alliance for Health Policy and Systems Research

Attended as a Member of the Board

New York, USA, August 27–28, 2009

PepsiCo Global Health Policy meeting

Attended the meeting as a member of PepsiCo's Global Health Advisory Committee

Dubai, UAE, August 20–21, 2009

AMEA Health & Wellness meeting

Attended the meeting as a member of PepsiCo's Global Health Advisory Committee

Klong Luang, Thailand, July 19 -25, 2009

Asian Institute of Technology Professional Development course on “Enabling Effective District Leadership for Reproductive Health in Pakistan”

Talk in the plenary session entitled: Health Policy Challenge in Pakistan

Geneva, Switzerland, July 7-8, 2009

United Nations Economic and Social Council Ministerial roundtable breakfast on Addressing Non-Communicable Diseases and Injuries

Attended the meeting as an invited expert

Geneva, Switzerland; June 29-30, 2009

Second Meeting of WHO Director General's Expert Working Group on R&D Financing

Attended the meeting as a member of the Expert Working Group

Venice, Italy; June 22-23, 2009

World Health Organization's High-level dialogue on Maximizing Positive Synergies between Global Health Initiatives and Health Systems

Attended the meeting as the Chair of the Drafting Committee of the Venice Statement on Health Systems and Global Health Initiatives

Geneva, Switzerland; May 16, 2009

Consultation on Global Initiatives, Health System Strengthening and Universal Health Coverage

Attended the meeting as a member of the Results for Development and Rockefeller Foundation's Working Group on Private Sector in Health Systems.

Istanbul, Turkey; April 27-28, 2009. 12th World Congress on Public Health

Talk in the plenary session entitled: Redesigning Health Systems in a Changing World

Title of the talk: Strengthening the Evidence Base of Health Reform in Pakistan: Implications for the Global Community

Chiangmai, Thailand; April 23-24, 2009

Meeting of the World Health Organization's Implementers Consortium on Maximizing Positive Synergies between Health Systems and Global Health Initiatives

Attended the meeting as a member of WHO's Maximizing Positive Synergies Group

Washington DC, USA; April 12-14, 2009. Institute of Medicine Committee on Preventing the Global Epidemic of Cardiovascular Disease: Meeting the Challenges in Developing Countries.

Talk in the plenary: Prevention, Implementation and Health Systems Strengthening

Talk entitled: Chronic Disease Management in Health Care Systems in Middle- and Low-Income Countries

Geneva, Switzerland; March 26-27, 2009

4th Expert Consultation on World Health Organization's Maximizing Positive Synergies between Health Systems and Global Health Initiatives

Attended the meeting as a member of WHO's Maximizing Positive Synergies Group

Colombo, Sri Lanka; March 16-18, 2009. United Nations Economic and Social Council. South Asian Regional Ministerial Meeting in support of the 2009 Economic and Social Council's Annual Ministerial Review.

Talk in the plenary session entitled: New Initiatives to Finance Health Care — Heartfile's Health Equity Project

Rome, Italy; February 16-18, 2009

World Health Organization's meeting on the Lancet Series on Maximizing Positive Synergies between Global Health Initiatives and Health Systems

Attended the meeting as a member of WHO's Maximizing Positive Synergies Group

Bangkok, Thailand; January 29-30, 2009

Consultation of the Rockefeller Foundation's Working Group on Private Sector in Health Systems at the Price Mahidhol Conference

Attended the Symposium as a member of the Working Group

Geneva, Switzerland; January 12-14, 2009

1st Meeting of WHO Director General's Expert Working Group on R&D Financing

Attended the meeting as a member of the Expert Working Group

Boston, USA; December 3-5, 2008

Research Agendas in Global Health Systems. Harvard University

Talk in the plenary session entitled: Health systems issues in implementation

Hong Kong; December 2-3, 2008

Clinton Global Initiative

Attended the meeting to make a joint commitment with the Clinton Global Initiative

Bamako, Mali; November 16-19, 2008. Global Ministerial Forum on Research for Health

Panelist in the session entitled: The Private Sector in Mixed Health Systems

Panelist in the ministerial discussion entitled: From Global Health Initiatives to Primary Health Care: Scaling up Research and learning for Health Systems

Tokyo, Japan; November 1-4, 2008

International Conference on Global Action for Health System Strengthening. G8 Hokkaido Toyako Summit Follow up.

Attended the conference as an invited expert

Bellagio, Italy; October 28-31, 2008

Strengthening Health Systems Capacity and Leadership, Rockefeller Foundation and Columbia University

Attended the meeting as an invited expert

Bellagio, Italy; October 6-8, 2008

Expert Consultation of the Working Group on the Role of the Private Sector in Health Systems;

Results for Development Institute and Rockefeller Foundation

Geneva, Switzerland; October 2-3, 2008

Third Expert Consultation on Positive Synergies between

Health Systems and Global Health Initiatives; World Health Organization

Attended the meeting as a member of WHO's Maximizing Positive Synergies Group

Mexico City, Mexico; August 5, 2008

Second Expert Consultation on Positive Synergies between

Health Systems and Global Health Initiatives; World Health Organization

Attended the meeting as a member of WHO's Maximizing Positive Synergies Group

Divone, France; June 2, 2008

World Health Organization's Director General's high-level Consultation on Scaling up Research and Learning for Better Health

Attended the consultation as an invited expert

Geneva, Switzerland; May 25, 2008. Geneva Health Forum

Panelist in the session entitled: Can Mixed Health Systems be Equitable?

Panelist in the session entitled: Management of Chronic Diseases

Panelist on the Closing Plenary

Nyon, Switzerland; May 25-27, 2008

From Mexico to Mali: Taking Stock of Achievements in Health Policy and Systems Research; Alliance for Policy and Systems Research

Attended the meeting as an invited expert

Geneva, Switzerland; May 24, 2008

Strengthening health systems; Brookings Institute and Rockefeller consultation
Attended the meeting as a member of the Working Group

San Francisco, California; USA; April 9-11, 2008. Global Philanthropy Forum
Panelist in the session entitled: Maternal and Child Health

Bangkok, Thailand; January 30-February 2, 2008
Prince Mahidol Award Conference 2008
Meeting of the Working Group on Private Sector in Health Systems.
Attended the meeting as a member of the working group

London, UK; December 4, 2007. Launch of the Lancet Series on Chronic Diseases
Panelist in the session entitled: Health Reform and Chronic Diseases

Beijing, China; October 29-November 2, 2007. Global Forum for Health Research
Panelist in the closing plenary entitled: *The Future of Research for Health*
Talk on: *Research Priorities for Chronic Diseases*

New York, USA; September 26-28, 2007. Clinton Global Initiative
Panelist in the session entitled: Over- and Under-Nutrition

Dalian, China; September 1-5, 2007
World Economic Forum Meeting of the New Champions
Attended the meeting as an invited expert

Atlanta, USA; August 12-16, 2007
Centers for Disease Control; National Forum for Heart Disease and Stroke
Prevention; Regional and Global Collaboration Implementation Group
Attended the meeting as a member of the implementation group

London, UK; July 2-5, 2007
World Health Organization and Department of Health UK
Global Health Promotion
Attended the meeting as an invited expert

Vancouver, Canada; June 13-15, 2007. World Congress on Health Promotion
Panelist in the plenary session entitled: Inequities in Health

Chicago, USA; May 29-31, 2007. Annual Convention of the Human Development
Foundation
Talk in the plenary session entitled: Challenges in Health Policy in Pakistan

Washington, USA; April 25-28, 2007. Annual Forum of the Centers for Disease
Control
Talk in the plenary session entitled: The National Action Plan on Non-Communicable Diseases in Pakistan

Cairo, Egypt; March 27-28, 2007

Regional Consultation to develop Guidelines on CVD Management; World Health Organization Office of the Eastern Mediterranean Region

Geneva, Switzerland; Feb 4-8, 2007

Expert Consultation to Prevent Chronic Disease; World Health Organization
Chaired the meeting

Bangkok, Thailand; February 1-3, 2007. Prince Mahidol Award Conference

Talk in concurrent session entitled: *From Development of a Program to the Delivery of Preventive and Control Services in Non-Communicable Diseases – a Perspective from Pakistan*

Cairo, Egypt; October 29-November 2, 2006. Global Forum for Health Research
Panelist in the closing plenary

Paris, France; October 5-8, 2006

Global Strategy on Diet and Physical Activity; World Health Organization
Chaired the meeting

Barcelona, Spain; August 31-September 6, 2006. World Congress of Cardiology

Talk in concurrent session entitled: National Planning for Cardiovascular Diseases
Talk in concurrent session entitled: Women as a Resource for Cardiovascular Diseases Prevention

Kuwait; June 19-21, 2006. World Health Organization's Expert Consultation on NCDs

Talk entitled: Integration of Non-Communicable Diseases into Primary Health Care

Cairo, Egypt; June 12-15, 2006

Country Cooperation Strategy; World Health Organization Office of the Eastern Mediterranean Region
Chaired the meeting

Nairobi, Kenya; May 1-6, 2006

Workshop on Community Health Promotion
International Union for Health Promotion

Attended the meeting as a member of the Consortium on Community Health Promotion

New York, USA; February 8-13, 2006

World Heart Federation
Chaired the Foundations Advisory Board meeting

Delhi, India; February 18-20, 2006

International Symposium on Cardiovascular Diseases, Diabetes and Stroke. All India Institute of Medical Sciences
Keynote address

Bellagio, Italy; December, 2005

How to Improve Cardiovascular Health Outcomes in Less Well-Resourced Settings; World Heart Federation

Attended the meeting as an invited expert

Bogota, Columbia; November, 2005

Planning Global Physical Activity Interventions; International Union of Health Promotion

Attended the meeting as an invited expert

Accra, Ghana; October 16-19, 2005

Training Seminar on Chronic Disease Capacity Building in Sub-Saharan Africa. Centers for Disease Control, Atlanta, USA, and the International Union for Health Promotion

Attended as the Seminar Faculty

Geneva, Switzerland; October, 26-28, 2005

World Health Organization Annual Global Forum

Panelist at the Plenary Session entitled: Preventing the Chronic Disease Pandemic

Mumbai, India; September 16-18, 2005. Global Forum for Health Research

Talk entitled: Mainstreaming Chronic Disease on the Agendas of the Developing Countries

Stockholm, Sweden; September 3-7, 2005 (ESC Population Science Lecture)

European Congress of Cardiology

Population Science Lecture entitled: Women and Heart Disease: Impact, Imperatives and Implications

Iguaçu, Brazil; May 19-25, 2005. 6th International Conference on Preventive Cardiology

Talk in concurrent session entitled: Community Contributions to CVD Prevention and

National Action Plan for NCD Prevention in Pakistan

Rio de Janeiro, Brazil; May 4-9, 2005

International Consortium for Community Health Promotion

Chaired the meeting

Cairo, Egypt; April 10-12, 2005

Regional Consultation for WHO Global Program of Work 2005; World Health Organization Office of the Eastern Mediterranean Region

Attended as an invited expert

Orlando, USA; February 18, 2005. Second Women Conference on Heart Disease and Stroke

Talk in plenary session entitled: Community Control of Hypertension in the Developing Countries

Miami, Florida; December, 2004
Implementing the WHO Global Strategy on Physical Activity
Attended as an invited expert

Atlanta USA; November 17-22, 2004
Centers for Disease Control, Atlanta, USA; Community Health Promotion
Workshop
Attended as an invited expert

Ottawa, Canada; November 3-6, 2004. World Health Organization's Global
Forum on Non-Communicable Integrated Chronic Disease Prevention and
Control. Global Forum IV.
*Talk in plenary session entitled: Pakistan's National Plan of Action on Chronic
Diseases*

Hong Kong; October 1-3, 2004. Global Conference on Cardiovascular Clinical
Trials
Talk in concurrent session entitled: Prevention of Diabetes and CVD in South Asia

Oxford, UK; August 31-September 4, 2004
Oxford Vision 2020 Initiative meeting; University of Oxford
Attended as a member of the Oxvision initiative

Milan, Italy; June 12-15, 2004. 5th International Heart Health Conference.
*Talk in concurrent session entitled: Implementing WHO CVD Risk Management
Package in Primary Health*
*Talk in concurrent session entitled: National Action Plan on Prevention and
Control of Non-Communicable Diseases and Health Promotion in Pakistan*
*Talk in concurrent session entitled: Guideline Development in Low- and Middle-
Income Countries*

Melbourne, Australia; March 23-26, 2004. WHO Mega Country Health
Promotion Network Meeting
*Talk in concurrent session entitled: National Action Plan on Prevention and
Control of Non-Communicable Diseases and Health Promotion in Pakistan*

Singapore, January 14-17, 2004. Asia Pacific Congress of Cardiology
*Talk in concurrent session entitled: Impact of Global Trends in Cardiovascular
Diseases on the Health Economics of Developing Countries*

Ghana, Accra; December 5-11, 2003
Capacity-Building for Cardiovascular Disease Prevention in Sub-Saharan Africa
Centers for Disease Control, Atlanta, USA, and the International Union for Health
Promotion
Attended the meeting as the Seminar Faculty

Beijing, China; November 6-10, 2003. 5th International Symposium on
Hypertension and Related Diseases

Talk in concurrent session entitled: Cardiovascular Disease Prevention and Control in the Developing Countries: Issues and Challenges

Prague, Czech Republic; September 4-6, 2003. Annual Meeting of Heart Friends Around the World.

Talk in plenary session entitled: The Role of Foundations in Heart Disease Prevention at a Global Level

Helsinki, Finland; August 3-8, 2003. 12th World Conference on Tobacco or Health

Talk in concurrent session entitled: Tobacco Control as part of Cardiovascular Disease Prevention: the Heartfile Experience

Geneva, Switzerland; March 31-April 1, 2003

Mega Country Network Meeting

World Health Organization Department of Health Promotion of Non-Communicable Diseases

Attended as member of the Steering Committee of WHO's Mega Country Initiative

Colombo, Sri Lanka; March 26-28, 2003

PREMISE II Workshop; World Health Organization

Attended as member of the PREMISE Study Group and Principal Investigator for Pakistan

Geneva, Switzerland; December 11-13, 2002

Mega Country Network Meeting

WHO Department of Health Promotion of Non-Communicable Diseases

Attended as member of the Steering Committee of WHO's Mega Country Initiative

Doha, Qatar; December 9-12, 2002. Qatar Sports International; World Sports Forum

Talk in plenary session entitled: Cardiovascular Health through Sports

Geneva, Switzerland; October 7-11, 2002. WHO Meeting of Interested Parties (MIP)

Talk in plenary session entitled: Communicating Risks to Health

Beirut, Lebanon; July 5-7, 2002

WHO Workshop on Non-Communicable Disease Surveillance in the EMRO Region

Attended as an invited expert

Geneva, Switzerland; July, 2002

WHO, CVD Risk Reduction through Integrated Management of Hypertension, Diabetes and Smoking

Attended as an invited expert

Sydney, Australia; May 7-10, 2002. XIV World Congress of Cardiology
*State-of-the-art invited talk entitled: An Evidence-based Approach to CVD
Prevention in the Developing Countries*
*Talk in concurrent session entitled: Justifying Cost of Treatment in the Developing
World*

Cairo, Egypt; April 10-12, 2002. 3rd East Mediterranean Heart Health Network
International Congress

Talk in plenary session entitled: CVD Prevention in Women

Talk in plenary session entitled: Hypertension Control in EMRO

event held in conjunction with WHO's Interregional Workshop on Initiative for
Scaling Up Secondary Prevention of Stroke and Myocardial Infarction in Low-
and Middle-Income Countries

Kandy, Sri Lanka; February, 2002

WHO Interregional Workshop on Initiative for Scaling Up Secondary Prevention
of Stroke and Myocardial Infarction in Low- and Middle-Income Countries

Attended as member of the study group

Manila, Philippines; October 3-6, 2001. 13th Asia Pacific Congress of Cardiology

*Talk in concurrent session entitled: Print and Electronic Media for Cardiovascular
Disease Public Awareness: the Potential for Replication*

Stockholm, Sweden; September 1, 2001. Global Forum Meeting for
Cardiovascular Diseases

Talk in plenary session entitled: Risk Factor of Cardiovascular Disease

Management in the Developing Countries

Osaka, Japan; May 27-31, 2001. 5th International Conference on Preventive
Cardiology and 4th International Heart Health Conference

Talk in concurrent session entitled: Pakistan's Heartfile

Isfahan, Iran; May 1-3, 2001. 1st National Seminar on Women and Hormone
Replacement Therapy

Talk in plenary session entitled: Coronary Heart Disease Risk Factors

*Talk in plenary session entitled: Guidelines for Hormone Replacement Therapy as
part of Primary Prevention of Coronary Heart Disease*

Chennai, India; December 7-10, 2000. 54th Annual Meeting of the Cardiological
Society of India

*Talk in plenary session entitled: Women in South Asia: a Long Way from Basic
CVD Care*

Colombo, Sri Lanka; September 25-29, 2000. 1st Annual Symposium of the Sri
Lanka Heart Association

*Talk in plenary session entitled: Preventing CVD in South Asia in the Face of the
Impending Pandemic*

Katmandu, Nepal; July 2000. 1st Congress of the Nepal Society of Cardiology
Talk in plenary session entitled: Algorithms for the Management of Hypertension in the SAARC Region
Current Management of Heart Failure

Isfahan Iran; May 2000
Isfahan Cardiovascular Research Institute
Talk in plenary session entitled: Development of National Guidelines on Hormone Replacement Therapy

Victoria, Canada; May 7-10, 2000. First Women Conference on Heart Disease and Stroke
Talk in concurrent session entitled: Preventive Cardiovascular Care amongst Females in Pakistan: an Unfinished Agenda
Talk in concurrent session entitled: Barriers: Access to Care for Women in the Developing Countries

Dhaka, Bangladesh; February 2000. First SAARC Congress of Cardiology
Talk in plenary session entitled: Optimization of Therapeutic and Lifestyle Advice to Patients with Coronary Heart Disease in Pakistan

Lahore, Pakistan; October 1999. 12th Asia Pacific Congress of Cardiology
Talk in plenary session entitled: CAD Prevention in the Developing World: Priority or Bail Out Stenosis Quantification on Diagnostic Coronary Angiograms
Presentation entitled: Missed Therapeutic Windows of Opportunity in the Optimal Management of CAD in Pakistan
Presentation entitled: Analysis of Dietary Pattern in the context of Establishing Coronary Risk Profiles in Patients with Documented CAD in Pakistan

Baltimore, USA; October 1999. Grand Clinical Rounds of the John Hopkins Medical University
Talk entitled: Pakistan's Heartfile

Athens, Greece; April 1999. 4th International Congress of Nuclear Cardiology
Poster Presentation: Inferior Wall Artifacts in Pakistanis: the Central Obesity Effect

Talks and keynote speeches in Pakistan

Sania Nishtar makes regular appearances in national conferences and discourses on health, governance, and women's leadership in Pakistan—in many events as a keynote speaker. In addition, she is also a regular review panelist/speaker at the National School of Public Policy, Pakistan Administrative Staff College, National Management College, National Defense University and other academic institutes in Pakistan.

This curriculum vitae does not list details about keynote speeches and other appearances in the country, as there is an exhaustive list and space precludes their inclusion. To a certain extent these activities can be tracked through the twitter account @Sanianishtar