

## Dr. Sania Nishtar SI, FRCP, Ph.D

- Founder and President, Heartfile
- Co-chair WHO Commission on Ending Childhood Obesity
- Former Federal Minister, Government of Pakistan

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## Education and Professional qualifications

- FRCP, Fellow of Royal College of Physicians of London, 2005
- Ph.D, Medicine, Kings College London, 2002
- MRCP (UK), Member Royal College of Physicians of London, 1996
- MCPS, Member College of Physicians and Surgeons of Pakistan, 1991
- MBBS, Khyber Medical College Peshawar, 1986. Best graduate of the year with 16 distinctions and gold medals

## Professional experience: a snapshot

- **Founding institutions:** experience in building institutions from scratch; founder of the NGO think tank *Heartfile*, a powerful health policy voice and catalyst for health reform in Pakistan; designed and deployed *Heartfile Health Financing*, the award-winning mHealth access to treatment initiative; gained extensive experience in fund mobilization, partnership building, and use of innovations for systems building, based on which the Global Innovation Award was conferred by the Rockefeller Foundation in 2011; instrumental in re-establishing Pakistan's Ministry of Health during term as Federal Minister
- **Experience working with the Government of Pakistan:** served as Federal minister in the 2013 Pakistan Caretaker government; undertook the widely-acclaimed accountability approach to working with the government, while in office through publication of the 'Handover Papers'; member of national commissions, restructuring committees and judicial commissions tasked with complex problem solving; chair of task forces with responsibility to write strategies and reform plans; member of public sector boards and governance bodies of regulatory agencies; author of Pakistan's first health reform plan, Pakistan's first compendium of health statistics, and the country's first national public health plan for Non-Communicable Diseases.
- **Experience in the multilateral system:** chaired/co-chaired UN and WHO commissions and expert panels; chaired resolution drafting and declaration/international statement writing committees; well known for thought leadership in global health in the multilateral system; deeply engaged

in the international discourse on health and development. Attended over 200 major international conferences, consultations and convenings over the last 15 years as invited expert, chair, moderator, resource person, speaker, and keynote speaker.

- **Civil society experience:** in addition to founding civil society institutions, key civil society health policy voice demanding improved governance and transparency in Pakistan; mobilized over 100 stakeholders to mainstreaming the voice of the civil society in the decision making process in the Pakistan Health Policy Forum; member of the boards of many INGOs and apex international networks; chaired award-winning international global campaigns.
- **Research, intellectual and academic pursuits and thought leadership:** deeply engaged in global health through work leading and being part of global commissions, contributing intellectually in areas spanning health systems, health reform, non-communicable diseases, public-private engagement, and health governance; extensively published, with six books, 116 publications in peer reviewed journals including The Lancet and British Medical Journal; led the Pakistan Lancet Series on health reform; Op-ed contributor in The News International, Huffington Post, Wall Street Journal, Guardian and Project Syndicate on matters relevant to health and governance; one of the six books, Choked Pipes, (Oxford University Press, 2010) is a post-graduate text book and has been the subject of a documentary by an award winning British filmmaker; member of Advisory Boards of many international journals; faculty member of the National School of Public Policy, Pakistan; Pakistan Administrative Staff College, National Management College, National Defense University and other academic institutes in Pakistan.
- **Physician cardiologist** with experience working in the most difficult health systems settings (1990-2000); Principal Investigator of the first case control study on coronary risk factors in Pakistan (1996); became an advocate for prevention and health promotion using study findings; developed national public awareness campaigns for heart disease prevention and evaluated impact (2000-2006)
  - **Peace building;** involvement with several peace building initiatives, using health as an entry point to peace building and promoting Western-Muslim engagement

## **Details about professional experience and assignments**

### **Work experience**

- Founder and President, Heartfile (1998-present)
- Federal Minister, Government of Pakistan (portfolios: Education and Training, Science and Technology, Information Technology and Telecommunications, Health, (2013)

- Senior Registrar, Cardiology, Pakistan Institute of Medical Sciences (PIMS), Islamabad (1997-2000)
- Clinical attachment, Guys hospital, London (1996)
- Medical Officer, General Medicine, PIMS, Islamabad (1994-1996)
- Medical Officer, Hayat Shaheed Teaching Hospital, Peshawar (1990-1994)

#### **Government of Pakistan**

- Candidate, United Nations High Commissioner for Refugees (2015)
- Member, National Commission on Science and Technology (2014-present)
- Member Board of Governors, Benazir Income Support Program (2014-present)
- Member, Pakistan Medical and Dental Council (2016-present)
- Member, High Court of Pakistan's Commission on Pakistan Medical and Dental Council (2015)
- Chair, Ministry of Finance's Task Force on Strengthening Social Safety Net Institutions (2014-2015)
- Member, Economic Advisory Council, Ministry of Finance (2014-present)
- Member Advisory Committee, Planning Commission (2014-present)
- Member, Advisory Committee, Federal Tax Ombudsman (2014-present)
- Member Board of Directors, Infrastructure Project Development Facility, Ministry of Finance (2006-2009)
- Member Health Committee, National Commission on Government Reforms (2006-07)

#### **United Nations**

- Chair, UN Secretary General's Independent Accountability Panel for the Global Strategy for Women's, Children's and Adolescents' Health (2015-2016); *stepped down after announcement of candidacy to avoid perception of conflict of interest*
- Board Member, UN University International Institute for Global Health, Malaysia (2016-2019)

#### **World Health Organization**

- Headquarters:
  - Co-Chair, WHO Commission on Ending Childhood Obesity (2014-present)
  - Member, WHO expert review group on an integrated response to mental health and other chronic diseases (2013-present)
  - Member Advisory Group, WHO Health Systems Research Strategy (2013)
  - Member, WHO Expert Advisory Panel on Health Promotion (2008-2013)
  - Board Member, [WHO's] Alliance for Health Policy and Systems Research, (2008-2014)
  - Member, WHO's Strategic Advisory Committee for Stewardship on Research on Infectious Diseases of Poverty (2009)
  - Member, WHO Consortium on Maximizing Positive Synergies between Health Systems and Global Health Initiatives (2008-2009)
  - Member, WHO Director General's Expert Working Group on R&D and Financing (2008-2009)

- Member, WHO Director General's High-Level Task Force on Health Systems (2008)
- Member, WHO's Steering Committee, Mega Country Network on Health Promotion (2003-2004)
- Served as Temporary Advisor on numerous occasions
- WHO Conferences
  - Member, Senator Group, WHO NCDs Ashgabat European Ministerial Conference (2013)
  - Council of Deans; First and Second Global Symposium on Health Systems Research (2011 and 2012)
  - Member, WHO's International Steering Committee, First Global Ministerial Conference on Healthy Lifestyles and NCDs (2011)
  - Chair, Drafting Committee, WHO's Venice Statement on Global Health Initiatives and Health Systems (2009)
  - Member, Programme Committee, WHO Global Forum IV (2004)
- Regional Office (WHO EMRO)
  - Member, Network of Health System Experts (2013-present)
  - Member, Regional Director's Technical Advisory Committee (2013)
  - International Advisory Panel, Eastern Mediterranean Health Journal (2013-present)
- Country Office
  - Founder and author, National Action Plan for Prevention and Control of Non-Communicable Diseases and Health Promotion, Pakistan. Tripartite Heartfile-Ministry of Health-WHO partnership (2003)

#### **Global Alliance for Vaccine Initiative (GAVI)**

- Member, GAVI Board (2015-2016)
- Chair, GAVI's Independent Evaluation Committee (2011-2014)

#### **International Non-Governmental Organisations**

- Trustee, Future of Health Global Challenge initiative, World Economic Forum (2016-present)
- Member, NCD Alliance Expert Advisory Council (2014-present)
- Member, World Economic Forum Global Agenda Council (2007-present)
- Member, US-Muslim Engagement Initiative (2011)
- Member, Healthcare Advisory Council, Pakistan American Foundation (2011)
- Member, Partners for a New Beginning, Aspen Institute (2011)
- Member, Clinton Global Initiative (2007, 2008, 2010 and 2011)
- Panel of Advisors, Center for Health Market Innovations R4D (2010)
- Member, Board of Trustees, International Union for Health Promotion (2004-2010)
- Member, Working Group, Private Sector in Health Systems, Rockefeller Foundation (2008-2009)
- Member High-Level Task Force, Ministerial Leadership Initiative for Global Health, Aspen Institute (2008)
- Chair, International Consortium on Community Health Promotion, IUHPE (2004-05)

- Chair, Expert Panel on Women and Heart Disease, World Heart Federation (2007)
- Chair, Foundations Advisory Board and Board Member, World Heart Federation (2003-2006)
- Chair, Steering Committee, World Heart Day (2003-2006)
- Chair, International 'Go Red for Women' campaign (2004)
- Executive Council Member, South Asian Association for Regional Cooperation Cardiac Society (2000-2002)

#### **Civil Society positions in Pakistan**

- Founder and President of Pakistan's Health Policy Forum (2005)
- Member Board of Governors
  - Pakistan Institute of Legislative Development and Transparency (2009-present)
  - Pakistan Center for Philanthropy (2013-2016)
  - Trust for Voluntary Organizations (2005-2008)
  - Chal Foundation (2012-2016)

#### **Commissions and academic roles**

- Member, Stockholm Resilience Centre, The EAT-Lancet Commission, (2016-present)
- Member, The Lancet and Rockefeller Foundation Commission on Planetary Health (2014-present)
- Member, The Lancet and Harvard Commission on Pain and Palliative Care (2014-present)
- Lead, Pakistan Lancet Series, Health Transitions in Pakistan, (2010-2013)
- Member Steering Committee, the Emerging Markets Symposium, Green Templeton College, Oxford University (2014-present)
- Member Advisory Committee, Lancet Global Health (2014-present)
- Visiting faculty, National School of Public Policy, Pakistan Administrative Staff College, National Management College; current senate member of the National Defence University and formerly, Pakistan Institute of Development Economics

#### **Private Sector**

- Member, Global Health Policy Advisory Committee. PepsiCo, New York (2009-2010)

## **Awards and honors**

- Named as the top 20 Women Scientists in the Muslim World, 2014
- Rockefeller Foundation's Global Innovation Award, 2011
- Medical Mission Hall of Fame; Toledo, Ohio; 2011
- Featured at the Women in the World Foundation launch in New York, 2011
- Sitara-i-Imtiaz, Pakistan, 2005
- European Society Population Science Award, 2005
- President of Pakistan Student Award and gold medal, 1986

- Best graduate of Khyber Medical College and gold medal, 1986
- Topped all four professional examinations of MBBS with distinction, and awarded 15 gold medals, one for each professional examination and one each for 11 subjects.

## Publications

### Peer reviewed publications

1. Nishtar S, Gluckman P, Armstrong T. Ending childhood obesity: a time for action. *Lancet* 2016 Jan 22. pii: S0140-6736(16)00140-9. doi: 10.1016/S0140-6736(16)00140-9.
2. Nishtar S, Chishtie F, Chishtie J, Malik M, Ehsan H, Qazi Y, Amjad S. Pak-India collaborations in health: insights and way forward. *Glob Public Health*. 2015;10(7):794-816
3. Sarah Whitmee, Andy Haines, Chris Beyrer, Frederick Boltz, Anthony G Capon, Braulio Ferreira de Souza Dias, Alex Ezech, Howard Frumkin, Peng Gong, Peter Head, Richard Horton, Georgina M Mace, Robert Marten, Samuel S Myers, Sania Nishtar, Steven A Osofsky, Subhrendu K Pattanayak, Montira J Pongsiri, Cristina Romanelli, Agnes Soucat, Jeanette Vega, Derek Yach. Safeguarding human health in the Anthropocene epoch: report of The Rockefeller Foundation–Lancet Commission on planetary health. *The Lancet* 2015. <http://www.thelancet.com/commissions/planetary-health>
4. David L Heymann, Lincoln Chen, Keizo Takemi, David P Fidler, Jordan W Tappero, Mathew J Thomas, Thomas A Kenyon, Thomas R Frieden, Derek Yach, Sania Nishtar, Alex Kalache, Piero L Olliaro, Peter Horby, Els Torreele, Lawrence O Gostin, Margareth Ndomondo-Sigonda, Daniel Carpenter, Simon Rushton, Louis Lillywhite, Bhimsen Devkota, Khalid Koser, Rob Yates, Ranu S Dhillon, Ravi P Rannan-Eliya. Global health security: the wider lessons from the west African Ebola virus disease epidemic *The Lancet*, Vol. 385, No. 9980, p1884–1901
5. Peter Gluckman P, Nishtar S. Armstrong T. Ending childhood obesity: a multidimensional challenge. *The Lancet* 2015. DOI: [http://dx.doi.org/10.1016/S0140-6736\(15\)60509-8](http://dx.doi.org/10.1016/S0140-6736(15)60509-8)
6. Gutierrez H, Shewade A, Dai M, Mendoza-Arana P, Gómez-Dantés O, Jain N, Khonelidze I, Nabyonga-Orem J, Saleh K, Teerawattananon Y, Nishtar S, Hornberger J> Health Care Coverage Decision Making in Low- and Middle-Income Countries: Experiences from 25 Coverage Schemes. *Popul Health Manag*. 2014 Nov 13. 25393442
7. Nishtar S. Reflections from my tenure as minister. *Lancet* 2014 Sep 3. pii: S0140-6736(14)61284-8. doi: 10.1016/S0140-6736(14)61284-8. [Epub ahead of print]

8. Russell E, Swanson RC, Atun R, Nishtar S, Chunharas S. Systems thinking for the post-2015 agenda. *Lancet*. 2014 Jun 21;383(9935):2124-5. doi: 10.1016/S0140-6736(14)61028-X.
9. Nishtar S. Health in the post-2015 agenda: three considerations in moving forward. *Nishtar S. East Mediterr Health J*. 2014 Mar 13;20(2):71-2.
10. Nishtar S and Ralston J. Can human resources for health in the context of non-communicable disease control be a lever for health system changes? *Bulletin of the World Health Organization*. 2013 November; 91(11):895-896. doi: 10.2471/BLT.13.118711.
11. Bhutta ZA, Nishtar S. Health and research in Pakistan - Authors' reply. *Lancet* 2013; 382(9900):1246.
12. Nishtar S, Boerma T, Amjad S, et al. Pakistan's health system: performance and prospects after the 18th Constitutional Amendment. *Lancet* 2013 May 16. doi:pil: S0140-6736(13)60019-7. 10.1016/S0140-6736(13)60019-7.
13. Ahmed QA, Nishtar S, Memish ZA. Poliomyelitis in Pakistan: time for the Muslim world to step in. *Lancet*. 2013 May 4;381(9877):1521-3. doi: 10.1016/S0140-6736(13)60764-3. Epub 2013 Apr 24.
14. Atun R, Jaffar S, Nishtar S, et al. Improving responsiveness of health systems to non-communicable diseases. *Lancet*. 2013 Feb 23;381(9867):690-7. doi: 10.1016/S0140-6736(13)60063-X. Epub 2013 Feb 12.
15. Nishtar S, Bhutta ZA, Jafar TH, et al. Health reform in Pakistan: a call to action. *Lancet*. 2013 May 16. doi:pil: S0140-6736(13)60813-2. 10.1016/S0140-6736(13)60813-2.
16. Attaran A, Barry D, Basheer S, Bate R, Benton D, Chauvin J, Garrett L, Kickbusch I, Kohler JC, Midha K, Newton PN, Nishtar S, Orhii P, McKee M. How to achieve international action on falsified and substandard medicines. *BMJ*. 2012 Nov 13;345:e7381. doi: 10.1136/bmj.e7381
17. Nishtar S. Pakistan's deadly cocktail of substandard drugs. *The Lancet* - 5 March 2012. DOI: 10.1016/S0140-6736(12)60277-3
18. Nishtar S, Khalid F, Batool N, et al. Heartfile Health Financing: striving to Achieve Health Equity in Pakistan. [http://www.who.int/sdhconference/resources/draft\\_background\\_paper26\\_pakistan.pdf](http://www.who.int/sdhconference/resources/draft_background_paper26_pakistan.pdf) (accessed Dec 2, 2011)
19. Rabkin M, Nishtar S. Scaling Up Chronic Care Systems: Leveraging HIV Programs to Support Non-communicable Disease Services. *J Acquir Immune Defic Syndr* 2011;57(2):87-90.

20. Robert Beaglehole, Ruth Bonita, George Alleyne, Richard Horton, Liming Li, Paul Lincoln, Jean Claude Mbanya, Martin McKee, Rob Moodie, Sania Nishtar, Peter Piot, K Srinath Reddy, David Stuckler, for The Lancet NCD Action Group. UN High-Level Meeting on Non-Communicable Diseases: addressing four questions. Published online June 13, 2011  
DOI:10.1016/S0140-6736(11)60879-9
21. Nishtar S, Mehboob AB. Pakistan prepares to abolish Ministry of Health. *Lancet* Published online May 5, 2011 DOI:10.1016/S0140-6736(11)60606-5 2011
22. Beaglehole R, Bonita R, Horton R, Adams C, Alleyne G, Asaria P, Baugh V, Bekedam H, Billo N, Casswell S, Cecchini M, Colagiuri R, Colagiuri S, Collins T, Ebrahim S, Engelgau M, Galea G, Gaziano T, Geneau R, Haines A, Hospedales J, Jha P, Keeling A, Leeder S, Lincoln P, McKee M, Mackay J, Magnusson R, Moodie R, Mwatsama M, **Nishtar S**, Norrving B, Patterson D, Piot P, Ralston J, Rani M, Reddy KS, Sassi F, Sheron N, Stuckler D, Suh I, Torode J, Varghese C, Watt J; Lancet NCD Action Group; NCD Alliance. Priority actions for the non-communicable disease crisis. *Lancet*. 2011 Apr 23;377(9775):1438-47.
23. Nishtar S. The Challenges of Scaling up. *Lancet* 2011;377:986.  
<http://download.thelancet.com/pdfs/journals/lancet/PIIS0140673611603747.pdf>
24. Nishtar S. H1N1 crisis in Pakistan—lessons learnt. NTS Working Paper Series, Working Paper No. 4, 2011. Centre for Non-Traditional Security Studies, Singapore.  
[http://www.heartfile.org/pdf/NTS\\_Working\\_Paper4.pdf](http://www.heartfile.org/pdf/NTS_Working_Paper4.pdf).
25. Nishtar S, Khalid F, Ikram A, et al. Protecting the poor against health impoverishment in Pakistan: proof of concept of the potential within innovative web and mobile phone technologies. Background Paper to the World Health Report, 2010, Health Systems Financing (World Health Organization)  
[http://www.who.int/healthsystems/topics/research/55Heartfile\\_HEF\\_POC.pdf](http://www.who.int/healthsystems/topics/research/55Heartfile_HEF_POC.pdf) (accessed December, 27, 2010)
26. Samb B, Desai N, **Nishtar S**, Mendis S, Bekedam H, Wright A, et.al. Prevention and management of chronic disease: a litmus test for health-systems strengthening in low-income and middle-income countries. *The Lancet* 2010;376(9754): 1785-97.
27. F. Sabih, KM Bile, W. Buehler A. Hafeez, S. Nishtar, S. Siddiqi Implementing the district health system in the framework of primary health care in Pakistan: can the evolving reforms enhance the pace towards the Millennium Development Goals? *Eastern Med health journal* Volume 16



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[http://www.emro.who.int/Publications/EMHJ/16\\_Supp/article17.htm](http://www.emro.who.int/Publications/EMHJ/16_Supp/article17.htm)

28. A.Y. Alam, **S. Nishtar**, S. Amjad, K.M. Bile Impact of wealth status on health outcomes in Pakistan. *Eastern Med health journal* Volume 16 (September) Supplement, 2010.  
[http://www.emro.who.int/Publications/EMHJ/16\\_Supp/article19.htm](http://www.emro.who.int/Publications/EMHJ/16_Supp/article19.htm)
29. **Nishtar S.** Corruption in health systems. *Lancet* 2010; 376(9744):874.
30. **Nishtar S**, Bile KM. The public-private niche in health — opportunities for the Friends of Democratic Pakistan. *J Pak Med Assoc* 2010; 60(5):333-4.
31. **Nishtar S.** Scaling up Financing for Health. *Lancet* 2010;375:983
32. **Nishtar S.** Choked Pipes — Reforming Pakistan’s Mixed Health System (invited editorial). *J Pak Med Assoc* 2010;60(4):252-3
33. **Nishtar S.** Mixed Health Systems Syndrome. *Bull World Health Organ* 2010;88:74-75. doi: 10.2471/BLT.09.067868  
<http://www.who.int/bulletin/volumes/88/1/09-067868/en/>
34. **Nishtar S.** Pakistan, Politics and Polio. *Bull World Health Organ* 2010.  
<http://www.who.int/bulletin/volumes/88/4/09-066480.pdf>
35. **Nishtar S.** Amjad S. Synergizing health and population in Pakistan. *J Pak Med Assoc* 2009;Suppl3:S3-20.
36. **Nishtar S.** Amjad S. Pakistan’s Health Population Mantra. *J Pak Med Assoc* 2009;Suppl3:S1-2.
37. Atun R, Dybul M, Evans T, Kim JY, Moatti JP, **Nishtar S**, Russell A. Venice Statement on global health initiatives and health systems. *Lancet* 2009; 374(9692): 783-4
38. Lagomarsino G, de Ferranti D, Pablos-Mendez A, Nachuk S, **Nishtar S**, Wibulpolprasert S. Public stewardship of mixed health systems. *Lancet* 2009 Nov 7;374(9701): 1577-8
39. World Health Organization Maximizing Positive Synergies Collaborative Group, Samb B, Evans T, Dybul M, Atun R, Moatti JP, **Nishtar S**, Wright A, Celletti F, Hsu J, Kim JY, Brugha R, Russell A, Etienne C. An assessment of interactions between global health initiatives and country health systems. *Lancet* 2009;20(373):2137-69
40. **Nishtar S.** How important are health systems in the prevention of cardiovascular and other noncommunicable diseases? *Nat Clin Pract Cardiovasc Med.* 2009;6(3):170-1

41. **Nishtar S.** Pablos-Mendez A. The global financial downturn—imperatives for the health sector. *Lancet* 2009;373:124.
42. Evans T, **Nishtar S**, Atun R, Etienne C. Scaling up research and learning for health systems: time to act. *Lancet* 2008;372(9649):1529-31.
43. Siddiqui S, Masud TI, **Nishtar S**, Peters DH, Sabri B, Bile KM, Jama MA. Framework for assessing governance of the health system in developing countries: Gateway to good governance. *Health Policy* 2008 [Epub ahead of print]
44. Rizvi N, **Nishtar S**. Pakistan's health policy: appropriateness and relevance to women's health needs. *Health Policy* 2008 May 12. [Epub ahead of print]
45. Wierzbicki AS, **Nishtar S**, Lumb PJ, Lambert-Hamill M, Crook MA, Marber MS, Gill J. Waist circumference, metabolic syndrome and coronary artery disease in a Pakistani cohort. *Int J Cardiol* 2008;128(1):77-82. Epub 2007 Aug 8.
46. Wierzbicki AS, **Nishtar S**, Lumb PJ, Lambert-Hamill M, Crook MA, Marber MS, Gill J. Insulin resistance phenotypes and coronary artery disease in a native Pakistani cohort. *Int J Clin Pract* 2008;62(5):701-7. Epub 2008 Mar 12.
47. **Nishtar S.** Integrating a new public health order. *Lancet* 2007;370(9603):1901.
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49. Alam AY, Iqbal A, Mohamud KB, Laporte RE, Ahmed A, **Nishtar S**. Investigating socio-economic-demographic determinants of tobacco use in Rawalpindi, Pakistan. *BMC Public Health* 2008;8(1):50
50. Abegunde DO, Shengelia B, Luyten A, Cameron A, Celletti F, **Nishtar S**, Pandurangi V, Mendis S. Can non-physician health-care workers assess and manage cardiovascular risk in primary care? *Bull World Health Organ* 2007;85(6):432-40.
51. **Nishtar S.** Politics of health systems: WHO's new frontier. *Lancet*. 2007 Sep 15;370(9591):935-6.
52. **Nishtar S.** The WHO Director General election finale. *Lancet* 2007;369(9557):185.
53. **Nishtar S.** Community health promotion—a step further. *Promot Educ*. 2007;14(2):61-2, 109-10, 124-5.

54. Ronis KA, **Nishtar S**. Community health promotion in Pakistan: a policy development perspective. *Promot Educ*. 2007;14(2):98-9.
55. **Nishtar S**. Health reforms in Pakistan—configuring health beyond the health sector. *J Pak Med Assoc*. 2006 Dec;56(12 Suppl 4):S120-35.
56. **Nishtar S**. Evidence from research and its implications for health reforms in Pakistan: the Gateway Paper perspective. *J Pak Med Assoc*. 2006 Dec;56(12 Suppl 4):S112-9.
57. **Nishtar S**. Pharmaceuticals—strategic considerations in health reforms in Pakistan. *J Pak Med Assoc*. 2006 Dec;56(12 Suppl 4):S100-11.
58. **Nishtar S**. Human resource solutions—the Gateway Paper-proposed health reforms in Pakistan. *J Pak Med Assoc*. 2006 Dec;56(12 Suppl 4):S94-9.
59. **Nishtar S**. The Gateway Paper-proposed health reforms in Pakistan—interface considerations. *J Pak Med Assoc*. 2006 Dec;56(12 Suppl 4):S78-93.
60. **Nishtar S**. The Gateway Paper—health service delivery outside of the public sector in Pakistan. *J Pak Med Assoc*. 2006 Dec;56(12 Suppl 4):S66-77.
61. **Nishtar S**. The Gateway Paper—preventive and promotive programmes in Pakistan and health reforms in Pakistan. *J Pak Med Assoc*. 2006 Dec;56(12 Suppl 4):S51-65.
62. **Nishtar S**. The Gateway Paper—public sector service delivery infrastructure and health reforms in Pakistan. *J Pak Med Assoc*. 2006 Dec;56(12 Suppl 4):S43-50. Nishtar S.
63. **Nishtar S**. The Gateway Paper—financing health in Pakistan and its linkage with health reforms. *J Pak Med Assoc*. 2006 Dec;56(12 Suppl 4):S25-42.
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66. **Nishtar S**, et al. The Heartfile Lodhran CVD prevention project – end of project evaluation. *Promotion and Education* 2007;XIV(1):17-27.
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73. **Nishtar S,** Lateef E. Tobacco Control – an integral component of the National Action Plan on NCDs in Pakistan. *Prevention and Control*.
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### **Books, book chapters, monographs**

1. Sania Nishtar. Fusion Funds for Health, In *Saving Humanity*. Eds. Steven Hoffman and Julio Frenk. 2015, Oxford University press, New York.
2. Sir George A. & Nishtar S. Sectoral Cooperation for the Prevention and Control of NCDs. In: Sturchio JL and Galambos L (eds) *Noncommunicable Diseases in the Developing World: Addressing Gaps in Global Policy and Research*: Johns Hopkins University Press, 2013.
3. Ralston J, & Nishtar S. NCDs and Civil Society, a history and a roadmap. In: McQueen DV (eds) *Global Handbook on Non-communicable diseases*: New York, Springer, 2013.

4. Nishtar S. Pakistan: potential to achieve universal coverage for health. Attaining Universal Health Coverage – A research initiative to support evidence-based advocacy and policy-making. EGEA 2010.
5. Nishtar S. Choked Pipes: Reforming Pakistan’s Health System. *Oxford University Press*, 2010. ISBN 978-0-19-547969-0
6. Nishtar S. Health Indicators of Pakistan. Gateway Paper II. *Heartfile, Pakistan’s Health Policy Forum, Federal Bureau of Statistics and Ministry of Health*; 2006.
7. Nishtar S. The Gateway Paper: Reforming Health Systems in Pakistan – a Strategic View. *Heartfile and Pakistan’s Health Policy Forum*; 2005.
8. Nishtar S. The National Action Plan for Prevention and Control of Non-Communicable Diseases and Health Promotion in Pakistan. *Heartfile* 2004.
9. Nishtar S. Prevention of Coronary Heart Disease in South Asia. *Heartfile and SAARC Cardiac Society*. ISBN 969-8651-00-4. Islamabad, Pakistan.
10. Nishtar S. Public-Private Partnerships in the health sector – a call to action. The Commonwealth Health Ministers Book; 2007
11. Nishtar S. Health chapter. Vision 2030 of the Planning Commission of Pakistan
12. Nishtar S. Health section. National Commission for Government Reform. 2007

### **Op-ed columns in national newspapers**

A number of policy Viewpoints on contemporary issues relevant to governance in Pakistan, have been published in national newspapers. Details can be accessed at: <http://www.heartfile.org/publications/>

### **International conferences, consultations and invited talks:**

**Geneva, Switzerland:** January 25, 2016

Launching of the final report of the Commission on Ending Childhood Obesity at the World Health Organization headquarter  
Co-chaired the meeting

**Oxford, UK.** January 7-10, 2016

Emerging Markets Symposium at the Green Templeton College, Oxford University: emerging markets and the future of young people  
Attended the meeting as an invited expert



**Geneva, Switzerland: November 30-December 1, 2016**

Partnership Building for NCDs at World Health Organization  
Keynote speaker at the event

**Geneva, Switzerland: November 30-December 1, 2016**

Fourth meeting of the Commission on Ending Childhood Obesity  
Co-chaired the meeting

**Paris, France: December 5, 2015**

The Fourth Climate and Health Summit  
Plenary talk on the role of public policy in shaping the post 2015 agenda

**Istanbul, Turkey, November 18, 2015**

The World Cancer Leaders' Summit  
Keynote speech on Conflict of interest

**Valletta, Malta, October 29-30**

EURO Regional consultation of the Commission on Ending Childhood Obesity  
Chaired the consultation

**New York, September 22, 2015**

The Rockefeller Foundation hosted global premiere of the documentary based on Sania Nishtar's book, "Choked Pipes"

**Washington, September 21, 2015**

Opening talk on the "Current state of global financing for pandemic response at the World Bank's Global Pandemic Financing Stakeholders' Meeting

**London, September 11, 2015**

Royal Society of Medicine hosted sneak preview of a documentary based on Sania Nishtar's book, "Choked Pipes"

**Dalian, China, September 9, 2015**

Annual meeting of Champions of the World Economic Forum  
Moderated a session on the "Future of healthcare"

**Mexico, August 26-27, 2015**

PAHO Regional consultation of the Commission on Ending Childhood Obesity  
Chaired the consultation  
Attended the meeting as Co-Chair of the Commission

**Cairo, Egypt, July 2-3, 2015**

EMRO Regional consultation of the Commission on Ending Childhood Obesity  
Chaired the consultation

**Hong Kong, June 22-23, 2015**

Third Meeting of the WHO Commission on Ending Childhood Obesity  
Attended the meeting as Co-Chair of the Commission

**Baku, Azerbaijan, May 2, 2015**

Seminar Series, Annual Board Meeting of the Asian Development Bank  
Plenary panel speaker

**Boston, USA. March 29, 2015**

Pakistan Harvard Forum  
Keynote speaker

**Manila, Philippines, March 24-25, 2015**

Regional consultation of the Commission on Ending Childhood Obesity  
Attended the meeting as Co-Chair of the Commission

**New York, USA. January 15-16, 2015**

Lancet-Rockefeller Planetary Health Commission Peer review meeting  
Attended the meeting as a Commissioner

**Geneva-Switzerland. January 13-14, 2015**

Second Meeting of the Commission on Ending Childhood Obesity  
Attended the meeting as Co-Chair of the Commission

**Mexico. December 9, 2014**

International Seminar on Public Policies against Childhood Obesity and  
Overweight  
Key note speaker of the event through a video link

**Dubai, UAE. November 9-10, 2014**

World Economic Forum's Summit on the Global Agenda  
Attended the meeting as a member of the Global Agenda Council

**Rome, Italy. November 19-21, 2014**

Second International Conference on Nutrition, ICN2  
Attended meeting as Roundtable Speaker

**Melbourne, Australia. October 22, 2014**

Nossal Institutes 10th Annual Global Health Forum  
Special invited guest for a video presentation

**Geneva, Switzerland. October 13- 14, 2014**

Commission on Ending Childhood Obesity: Hearings with non-State actors  
Attended the Hearings in capacity as Co-chair of the Commission

**New York, USA. September 22, 2014**

MSH event: A toast to Universal health Coverage  
Amongst a select group of global health thinkers who presented a toast to UHC

**New York, USA. September 22, 2014**

Global Access to Pain Control and Palliative Care  
Attended the meeting as Commissioner

**New York, USA.** September 22, 2014  
Universal Health Coverage: from the health worker lens  
Attended as speaker on the panel

**New York, USA.** September 22, 2014  
Rockefeller Foundation's UNGA side event: Delivering on UHC: why the time is now  
Attended as speaker on the panel

**Bellagio, Lombardy, Italy.** July 2014  
The Future of Planetary Health Commission meeting convened by Rockefeller Foundation, the Economist Intelligence Unit and the Lancet  
Participated as Commission member

**New York, USA.** July 11, 2014  
NCD Alliance, Government of Sweden and CARICOM panel discussion on the sidelines of the UN high level review on NCDs on "delivering solutions, accountability and results"  
Moderator of the panel discussion

**New York, USA.** July 12, 2014  
NCDs review at the UN Headquarters  
Roundtable speaker

**Geneva, Switzerland.** July 16-19, 2014  
WHO commission on Ending Childhood Obesity  
Attended the meeting as Co-Chair of the Commission

**Boston, USA.** June 1-5, 2014  
Ministerial Health Leaders Forum  
The Harvard School of Public Health and the Harvard Kennedy School  
Attended the forum as a expert resource person

**Stockholm,** May 26-27, 2014  
[EAT Forum](#)  
Attended the forum as a Panelist  
Stordalen Foundation

**Geneva-Switzerland,** May 19, 2014  
Harvard Health Leaders' Ministerial Roundtable  
Attended the Roundtable as a Panelist

**Davos,** January 22-25, 2014  
World Economic Forum Annual Meeting  
Invitee to the health sessions

**Oxford,** January 9-12, 2014

Emerging Market Symposium

Attended the meeting as an invited expert

**Manila, Philippines.** December 09, 2013

Asian Development Bank

Keynote address on World Anti-corruption Day celebrations at the Asian Development Bank Headquarters

**Dubai, UAE.** December 08, 2013

Regional Meeting on Accelerating Progress Towards UHC: Global Experiences & Lessons for the EMR

Attended as plenary panelist and Chair

**Abu Dhabi, UAE.** November 17-19, 2013

Summit on the Global Agenda, World Economic Forum

Attended as a Council Member

**Washington DC, USA.** November 6, 2013

Pakistan's Galloping Urbanization, Woodrow Wilson International Center for Scholars

Attended as Plenary panelist

**Jakarta, Indonesia.** October 23, 2013

OIC Conference

Panelist via video link

**New York, USA.** September 23-26, 2013

Clinton Global Initiative

Attended as 2013 members and commitment maker

**New York, USA.** September 25, 2013

UNICEF

Thought leaders lecture

**New York, USA.** September 23, 2013

Healthy planet, healthy people: building synergies for sustainable development  
Panelist

**Pattaya, Thailand,** August 25, 2013

World Congress on Health Promotion

Opening Keynote Speaker

**Geneva, Switzerland,** July 30, 2013

ECOSOC high level segment

Panelist on Universal Health Coverage (through a video link)

**Helsinki Finland,** June 11-12, 2013

8GCHP 2013 Conference

Participated as Chair of the Plenary session

**Geneva Switzerland, 20-28 May, 2013**

World Health Assembly 2013

Attended as leader of the Pakistan delegation in Capacity as Federal Minister

**Qatar, Doha, April 31, 2013**

Invited guest to the High Level Strategic meeting to accelerate efforts to reach out of school children

Attended as State guest in capacity as Federal Minister of Education

**Abu Dhabi United Arab Emirates, April 26-27 2013**

Bill & Melinda Gates Foundation Global Vaccine Summit 2013

Participated as the opening plenary speaker

**Gaborone, Botswana, March, 2013**

Global Thematic Consultation on Health in the post 2015 Development Agenda

attended the meeting as an invited expert

**Geneva, Switzerland. February 2013**

WHO Expert group meeting on NCDs

Attended the meeting as an invited expert

**Davos, Switzerland. January 2013**

World Economic Forum Annual Meeting

Attended the meeting as a plenary session panelist

**Oxford, UK. January 11-13, 2013**

Symposium on Gender inequality in emerging markets

Attended the meeting as an invited expert

**London, UK. December 14, 2012**

Launch of the Global Burden of Disease Study, hosted by the Lancet and IHME at the Royal Society.

Chaired one of the four sessions

**Dubai, UAE. November 12-14, 2012**

World Economic Forum Summit on the Global Agenda 2012

Attended as a member of the WEF Global Agenda Council on Wellbeing and Mental Health

**Gurgaon, India, November 6-8, 2012**

World Economic Forum on India

Attended as panelist on the session "Health Collaboration as a Bridge"

**Beijing China, November 1-4, 2012**

2<sup>nd</sup> Global Symposium on Health System Research and Meeting of the Board of the Alliance HPSR-Beijing.

Attended as a plenary panelist in the Session "Post – 2015 Development Goals – Framing the Issues, Prioritizing Health and Using Evidence

**Berlin, Germany, October 21-23, 2012**

COHRED Partner Symposium-Global Health Summit  
Beyond Forum 2012: Research and Innovation for Health, Equity and  
Development  
Attended the meeting as a panelist

**Tokyo, Japan, October 10-13, 2012**

Annual Meetings of the International Monetary Fund  
Global Health Session 1: Making the Case for Investing in Health, Again  
Attended the meeting as a panelist

**Bellagio Italy, September 25-28, 2012**

Complex Systems Analysis: Advancing Health Systems Policy and Design and  
Planning at the Rockefeller Foundations' Bellagio Center  
Co-hosted the meeting

**New York, USA. September 23-25, 2012**

Clinton Global Initiative  
Attended the meeting as a 2012 Member of CGI and Commitment maker

**Riyadh, Saudi Arabia, September 10-12, 2012**

High Level Conference on Non-Communicable Diseases organized by the Saudi  
Arabian Ministry of Health and the WHO East Mediterranean Regional Office  
Attended the meeting as a plenary speaker

**Hiroshima, Japan. August 25, 2012**

The 20th IPPNW World Congress  
Attended the meeting as a plenary speaker in the session "World without  
Structural Violence and Human Security".

**London, UK. August 1, 2012**

Global Health Policy Summit hosted by the Imperial College London and Qatar  
Foundation  
Attended as a panelist in the session on Innovative Delivery Models

**Washington, USA. July 22, 2012**

Learning from HIV experience: An NCDs and health systems perspective. High  
level satellite meeting during the International AIDS conference hosted by WHO  
and UNAIDS  
Opening Plenary speaker

**London, UK. July 11, 2012**

The London Launch of the Heartfile Leaders' Network at the House of Lords  
Key note speaker

**New York, USA. June 25, 2012**

Clinton Global Initiative: Mid Year Meeting

Attended the meeting as a plenary speaker and Commitment presenter at a Commitment Workshop on “Multi-sectoral action on NCDs”.

**Washington, USA.** June 14-15, 2012

High level meeting on Child Survival: a Call to Action

Attended the meeting as a panelist in the session on “How to Reach Every Child with Essential Services: Coverage with quality and equity.”

**Washington, USA.** June 13, 2012

Global Alliance for Vaccine Initiative, Board Meeting

Attended as Chair of the Evaluation Advisory Committee and presented the committee update

**Boston, USA.** June 12, 2012

2nd Meeting of the Advisory Group of the WHO Global Strategy for Health Systems Research

Attended the meeting as a member of the Advisory Group

**Washington, USA.** June 11, 2012

Heartfile Leader’s Network launch hosted by Partners for a New Beginning, Aspen Institute

Attended the meeting as keynote speaker

**Cape Town, South Africa.** April 2012

COHRED Forum 2012

Attended two sessions as panelist and chaired one session

**Oslo, Norway,** April 2012

GAVI Board Retreat

Attended the meeting in her capacity as Chair of GAVI’s Evaluation Advisory Committee

**New-York, USA.** April 2012

2<sup>nd</sup> High Level Meeting on Wellbeing and Happiness

Hosted by Prime Minister Jigmi Y Thinley of Bhutan at the UN General Assembly

Attended the meeting as an invited expert

**New-York, USA.** April 2012

Columbia University consultation on Wellbeing and Happiness hosted by Jeffery Sachs

Attended the meeting as an invited expert

**Cairo, Egypt.** March 2012

WHO High-Level Meeting on Health Priorities, EMRO

Attended the meeting as an invited expert

**Washington, USA.** February 2012

NCD Working Group

Addressing Gaps in Policy and Research for Non-Communicable Diseases

Attended the meeting as a panellist

**Davos, Switzerland.** January 2012

World Economic Forum Annual Meeting

Attended as a Panelist on the session “Innovative Development Models”

**Geneva, Switzerland.** January 2012

GAVI Evaluation Advisory Meeting

Attended as the chair of the Evaluation Advisory Committee

**Abu Dhabi, UAE.** December 2011

2<sup>nd</sup> World Health Care Congress Middle East

Plenary speaker on Innovative Financing Models for Global Health Care Challenges

**Dubai, UAE.** December 2011

WHO Joint RPC/NCD Consultative Meeting on Building Regional NCD Research Agenda and Enhancing Implementation on NCD Action Plan

Attended the meeting as an invited expert and WHO advisor

**Istanbul, Turkey.** December 2011

PNB Global Chapter Meeting

Attended the meeting as a plenary speaker and Member of the Partners for a New Beginning initiative

**Dhaka, Bangladesh. November 2011**

GAVI Alliance Board Meeting

Attended as the chair of the Evaluation Advisory Committee

**Geneva, Switzerland.** October 2011

World Health Organization, Alliance for Health Policy and Systems Research Meeting

Attended the meeting as a Board Member of the Alliance

**Rio De Janeiro, Brazil.** October 2011

World Health Organization Conference on Social Determinants of Health

Participated at the Ministerial Panel

**Abu Dhabi. United Arab Emirates.** October 2011

World Economic Forum Summit on the Global Agenda 2011

Attended the meeting as a member of the Global Agenda Council on Health and Wellness

**New York, USA.** September, 2011

Clinton Global Initiative

Attended the meeting as an invited member and commitment featuring

**St Gallen, Switzerland.** August 30, 2011

The World Ageing and Generations conference, 2011



*Plenary speaker in the first session titled “Demography meets health”*

**Delhi, India. July 30, 2011**

Aman ki Asha Health committee meeting

Attended the meeting as meeting chair

**New York, USA. July 27, 2011**

Rockefeller Foundation’s Innovation Forum

*Attended the forum as a recipient of the Rockefeller Foundation’s Innovation Award*

**Rome, Italy. July 15, 2011**

IAS pre meeting on NCDs and HIV and AIDs

*Chaired and moderated a panel discussion on “the rising prevalence of NCDs—implications for health policy and financing”*

**New York, USA. June 16, 2011**

UN General Assembly Civil Society hearing on NCDs in preparation for the high level meeting in September.

*Participated as the eminent panelist on one of the three roundtables*

**Washington, USA. June 14-15, 2011**

Global Health Council meeting

*Chaired the preview of WHO TDR’s IDEAS Report and participated in the World Heart Federation panel on “collaborating to battle the number one cause of death: research alliance and case studies from the global cardiology community”.*

**Washington, USA. June 14, 2011**

US Institute of Peace seminar on Building Pakistan’s human capital: a focus on health and education

*Participated in the meeting as a panelist*

**Moscow, Russia. April 27-29, 2011**

First Global Ministerial Conference on Healthy lifestyles and Non-communicable disease prevention and control

*Participated in the meeting as member of the international Steering Committee and as a conference rapporteur for the closing plenary.*

**Toledo, Ohio. April 8, 2011**

University of Toledo, Medical Mission Hall of Fame Induction Ceremony

*Attended the meeting as a new inductee in the Hall of Fame*

**Dhaka, Bangladesh, March 15, 2011**

13<sup>th</sup> Annual Scientific Conference icddr,b

*Gave a presentation in the opening plenary on “Managing the public-private mix: remedies for the Mixed Health Systems Syndrome”*

**New York, USA.** February 25, 2011

Parallel Event: 55th Session of the Commission on the Status of Women in New York> Non-communicable diseases: a Priority for women's health and development

*Talk on women's' health and health systems*

**Lahore.** February 17-19, 2011

US-Pakistan Muslim Engagement Initiative

*Attended the meeting as a invited expert*

**Geneva, Switzerland.** January 26-27.

First Global Ministerial Conference on health Lifestyles and NCD control

Moscow. Planning meeting

*Attended the meeting as member of the Steering Committee*

**Oxford, UK.** January 14-16, 2011

The Emerging Markets Symposium on Urbanization, health and human security: challenges for the emerging market countries

*Attended the meeting as a invited expert and panelist*

**Bangkok, Thailand.** December 14-15

Rockefeller Foundation's Partners convening meeting: overcoming inequities in Asia.

*Attended the meeting as an invited expert*

**Dubai, UAE.** November 29-December 1, 2010

Summit of the Global Agenda Council, World Economic Forum

*Attended the meeting as a member of the Global Agenda Council*

**Singapore.** November 25, 2010

4th NTS-Asia annual convention

*Talk on Global Architecture and Health in the opening plenary (participation through video)*

**Montreux, Switzerland.** November 16-19, 2010

First Global Symposium on health systems research

*i) Attended the meeting as member of the Council of Deans and Steering committee; ii) gave a plenary talk on Mixed Health Systems for Universal Coverage in the state of the art research plenary session; and iii) chaired the satellite session on Heartfile Health Financing*

**New York, USA.** October 22-27, 2010

The Changing landscape of global public health: hosted by Columbia University School of Public Health

*Plenary discussant response on the paper: "trends transforming the landscape"*

**London, UK.** September 15, 2010

The Lancet Pakistan Series—Authors' meeting. The Lancet

*Co-chaired the meeting as series co-editor*

**Bellagio, Lake Como, Italy.**

HIV and Health Systems: A Bellagio Center Conference. Mailman School of Public Health, Columbia University

August 17-20, 2010

*Attended the meeting as an invited expert*

**Oxford, UK. July 21, 2010**

Follow up to the Emerging Market's Symposium on health management. Green Templeton College, Oxford University, UK.

*Attended the meeting as an invited expert*

**Singapore. June 28-29, 2010.**

Global Health Study Group Workshop. Center on Asia and Globalization, Lee Kwan Yew School of Public Policy

*Attended the meeting as an invited expert*

**Amman, Jordan; June 7, 2010**

Regional Conference on Achieving better health equity and efficiency in Middle East and North Africa. MENA Health policy Forum

*Keynote address at the opening plenary*

**Delhi, India. May 31, 2010**

AMEA Health and Wellness Council meeting, PEPSICo

*Attended the meeting as a member of the Council*

**Milan, Italy; May 14, 2010**

Bocconi University and Rockefeller foundation initiative on attaining universal coverage.

*Talk on "Achieving universal health coverage: experiences of Pakistan"*

**Geneva, Switzerland; May 13, 2010**

WHO Consultation on the Report of the Expert Working Group on R&D and Financing

*Made the presentation on the report to the WHO Executive Board*

**Geneva, Switzerland; April 8-10, 2010**

WHO Consultation - Review of International Experience in NCD Prevention and Control

*Attended the consultation as an expert and speaker*

**Singapore, March 18, 2010**

Strengthening health systems in Asia conference.

*Panelist in the final plenary: way forward and recommendations (participation through video)*

**Geneva, Switzerland, March 3, 2010**

Introductory seminar on Choked Pipes at the World Health Organization headquarter

**Bangkok, Thailand**, January 29, 2010  
Prince Mahidhol Award Conference  
*Plenary session panelist in the session entitled “Who does what to health information systems”*  
*Concurrent session panelist in the session entitled “Assessing health systems performance”*

**Dubai, UAE**, January 26, 2010  
Meeting of Friends of Democratic Pakistan  
*Concurrent and Plenary session presentation on Public-Private partnerships in the health sector*

**Oxford, UK**, December 4, 2009  
The Emerging Markets Symposium. Oxford University, Green Templeton College  
*Attended the Symposium as an invited expert*

**Geneva, Switzerland**, November 30–December 02, 2009  
3<sup>rd</sup> Meeting of WHO Director General’s Expert Working Group on R&D Financing  
*Attended the meeting as a member of the Expert Working Group*

**Dubai, UAE**, November 20–22, 2009  
Summit of the Global Agenda Council, World Economic Forum  
*Attended the meeting as a member of the Global Agenda Council*

**Havana, Cuba**, November 16–20, 2009  
13<sup>th</sup> Annual Meeting of the Global Forum for Health Research  
*Chaired the launch of the Alliance for Health Policy and Systems Research’s report entitled: Systems Thinking*  
*Panelist at the Pre-Launch Preview of the self authored Book: Choked Pipes*  
*Panelist in the closing plenary: recorded comments communicated*  
*<http://www.youtube.com/watch?v=vvY1zupVQf8>*

**Nairobi, Kenya**, October 26-30, 2009  
7<sup>th</sup> Global Conference on Health Promotion  
*Panellist at the plenary session entitled: Convergent strategies, divergent histories, emergent opportunities: health promotion, the social determinants of health and primary health care.*  
*Recorded comments accessible at <http://www.youtube.com/watch?v=2H-z1muiMUA> and <http://www.youtube.com/watch?v=5dAqVYIIXA0>*

**Puyuhuapy, Chile**, October 19–21, 2009  
Planning meeting of the First Global Symposium on Health Systems Research  
*Attended the meeting as a member of Scientific Advisory Committee*

**Geneva, Switzerland**, October 13-14, 2009  
Board meeting. Alliance for Health Policy and Systems Research  
*Attended as a Member of the Board*

**New York, USA,** August 27–28, 2009

PepsiCo Global Health Policy meeting

*Attended the meeting as a member of PepsiCo's Global Health Advisory Committee*

**Dubai, UAE,** August 20–21, 2009

AMEA Health & Wellness meeting

*Attended the meeting as a member of PepsiCo's Global Health Advisory Committee*

**Klong Luang, Thailand,** July 19 -25, 2009

Asian Institute of Technology Professional Development course on “Enabling Effective District Leadership for Reproductive Health in Pakistan”

*Talk in the plenary session entitled: Health Policy Challenge in Pakistan*

**Geneva, Switzerland,** July 7-8, 2009

United Nations Economic and Social Council Ministerial roundtable breakfast on Addressing Non-Communicable Diseases and Injuries

*Attended the meeting as an invited expert*

**Geneva, Switzerland;** June 29-30, 2009

Second Meeting of WHO Director General's Expert Working Group on R&D Financing

*Attended the meeting as a member of the Expert Working Group*

**Venice, Italy;** June 22-23, 2009

World Health Organization's High-level dialogue on Maximizing Positive Synergies between Global Health Initiatives and Health Systems

*Attended the meeting as the Chair of the Drafting Committee of the Venice Statement on Health Systems and Global Health Initiatives*

**Geneva, Switzerland;** May 16, 2009

Consultation on Global Initiatives, Health System Strengthening and Universal Health Coverage

*Attended the meeting as a member of the Results for Development and Rockefeller Foundation's Working Group on Private Sector in Health Systems.*

**Istanbul, Turkey;** April 27-28, 2009. 12<sup>th</sup> World Congress on Public Health

*Talk in the plenary session entitled: Redesigning Health Systems in a Changing World*

*Title of the talk: Strengthening the Evidence Base of Health Reform in Pakistan: Implications for the Global Community*

**Chiangmai, Thailand;** April 23-24, 2009

Meeting of the World Health Organization's Implementers Consortium on Maximizing Positive Synergies between Health Systems and Global Health Initiatives

*Attended the meeting as a member of WHO's Maximizing Positive Synergies Group*

**Washington DC, USA;** April 12-14, 2009. Institute of Medicine Committee on Preventing the Global Epidemic of Cardiovascular Disease: Meeting the Challenges in Developing Countries.

*Talk in the plenary: Prevention, Implementation and Health Systems Strengthening*

*Talk entitled: Chronic Disease Management in Health Care Systems in Middle- and Low-Income Countries*

**Geneva, Switzerland;** March 26-27, 2009

4<sup>th</sup> Expert Consultation on World Health Organization's Maximizing Positive Synergies between Health Systems and Global Health Initiatives

*Attended the meeting as a member of WHO's Maximizing Positive Synergies Group*

**Colombo, Sri Lanka;** March 16-18, 2009. United Nations Economic and Social Council. South Asian Regional Ministerial Meeting in support of the 2009 Economic and Social Council's Annual Ministerial Review.

*Talk in the plenary session entitled: New Initiatives to Finance Health Care—Heartfile's Health Equity Project*

**Rome, Italy;** February 16-18, 2009

World Health Organization's meeting on the Lancet Series on Maximizing Positive Synergies between Global Health Initiatives and Health Systems

*Attended the meeting as a member of WHO's Maximizing Positive Synergies Group*

**Bangkok, Thailand;** January 29-30, 2009

Consultation of the Rockefeller Foundation's Working Group on Private Sector in Health Systems at the Price Mahidhol Conference

*Attended the Symposium as a member of the Working Group*

**Geneva, Switzerland;** January 12-14, 2009

1<sup>st</sup> Meeting of WHO Director General's Expert Working Group on R&D Financing

*Attended the meeting as a member of the Expert Working Group*

**Boston, USA;** December 3-5, 2008

Research Agendas in Global Health Systems. Harvard University

*Talk in the plenary session entitled: Health systems issues in implementation*

**Hong Kong;** December 2-3, 2008

Clinton Global Initiative

*Attended the meeting to make a joint commitment with the Clinton Global Initiative*

**Bamako, Mali;** November 16-19, 2008. Global Ministerial Forum on Research for Health

*Panelist in the session entitled: The Private Sector in Mixed Health Systems*

*Panelist in the ministerial discussion entitled: From Global Health Initiatives to Primary Health Care: Scaling up Research and learning for Health Systems*

**Tokyo, Japan;** November 1-4, 2008

International Conference on Global Action for Health System Strengthening. G8 Hokkaido Toyako Summit Follow up.

*Attended the conference as an invited expert*

**Bellagio, Italy;** October 28-31, 2008

Strengthening Health Systems Capacity and Leadership, Rockefeller Foundation and Columbia University

*Attended the meeting as an invited expert*

**Bellagio, Italy;** October 6-8, 2008

Expert Consultation of the Working Group on the Role of the Private Sector in Health Systems;

Results for Development Institute and Rockefeller Foundation

**Geneva, Switzerland;** October 2-3, 2008

Third Expert Consultation on Positive Synergies between Health Systems and Global Health Initiatives; World Health Organization

*Attended the meeting as a member of WHO's Maximizing Positive Synergies Group*

**Mexico City, Mexico;** August 5, 2008

Second Expert Consultation on Positive Synergies between Health Systems and Global Health Initiatives; World Health Organization

*Attended the meeting as a member of WHO's Maximizing Positive Synergies Group*

**Divone, France;** June 2, 2008

World Health Organization's Director General's high-level Consultation on Scaling up Research and Learning for Better Health

*Attended the consultation as an invited expert*

**Geneva, Switzerland;** May 25, 2008. Geneva Health Forum

*Panelist in the session entitled: Can Mixed Health Systems be Equitable?*

*Panelist in the session entitled: Management of Chronic Diseases*

*Panelist on the Closing Plenary*

**Nyon, Switzerland;** May 25-27, 2008

From Mexico to Mali: Taking Stock of Achievements in Health Policy and Systems Research; Alliance for Policy and Systems Research

*Attended the meeting as an invited expert*

**Geneva, Switzerland;** May 24, 2008

Strengthening health systems; Brookings Institute and Rockefeller consultation

*Attended the meeting as a member of the Working Group*

**San Francisco, California; USA;** April 9-11, 2008. Global Philanthropy Forum  
*Panelist in the session entitled: Maternal and Child Health*

**Bangkok, Thailand;** January 30-February 2, 2008  
Prince Mahidol Award Conference 2008  
Meeting of the Working Group on Private Sector in Health Systems.  
*Attended the meeting as a member of the working group*

**London, UK;** December 4, 2007. Launch of the Lancet Series on Chronic Diseases  
*Panelist in the session entitled: Health Reform and Chronic Diseases*

**Beijing, China;** October 29-November 2, 2007. Global Forum for Health Research  
Panelist in the closing plenary entitled: *The Future of Research for Health*  
Talk on: *Research Priorities for Chronic Diseases*

**New York, USA;** September 26-28, 2007. Clinton Global Initiative  
*Panelist in the session entitled: Over- and Under-Nutrition*

**Dalian, China;** September 1-5, 2007  
World Economic Forum Meeting of the New Champions  
*Attended the meeting as an invited expert*

**Atlanta, USA;** August 12-16, 2007  
Centers for Disease Control; National Forum for Heart Disease and Stroke  
Prevention; Regional and Global Collaboration Implementation Group  
*Attended the meeting as a member of the implementation group*

**London, UK;** July 2-5, 2007  
World Health Organization and Department of Health UK  
Global Health Promotion  
*Attended the meeting as an invited expert*

**Vancouver, Canada;** June 13-15, 2007. World Congress on Health Promotion  
*Panelist in the plenary session entitled: Inequities in Health*

**Chicago, USA;** May 29-31, 2007. Annual Convention of the Human Development  
Foundation  
*Talk in the plenary session entitled: Challenges in Health Policy in Pakistan*

**Washington, USA;** April 25-28, 2007. Annual Forum of the Centers for Disease  
Control  
*Talk in the plenary session entitled: The National Action Plan on Non-Communicable Diseases in Pakistan*

**Cairo, Egypt;** March 27-28, 2007  
Regional Consultation to develop Guidelines on CVD Management; World Health  
Organization Office of the Eastern Mediterranean Region

**Geneva, Switzerland;** Feb 4-8, 2007



Expert Consultation to Prevent Chronic Disease; World Health Organization  
*Chaired the meeting*

**Bangkok, Thailand;** February 1-3, 2007. Prince Mahidol Award Conference  
Talk in concurrent session entitled: *From Development of a Program to the  
Delivery of Preventive and Control Services in Non-Communicable Diseases – a  
Perspective from Pakistan*

**Cairo, Egypt;** October 29-November 2, 2006. Global Forum for Health Research  
*Panelist in the closing plenary*

**Paris, France;** October 5-8, 2006  
Global Strategy on Diet and Physical Activity; World Health Organization  
*Chaired the meeting*

**Barcelona, Spain;** August 31-September 6, 2006. World Congress of Cardiology  
*Talk in concurrent session entitled: National Planning for Cardiovascular Diseases*  
*Talk in concurrent session entitled: Women as a Resource for Cardiovascular  
Diseases Prevention*

**Kuwait;** June 19-21, 2006. World Health Organization's Expert Consultation on  
NCDs  
*Talk entitled: Integration of Non-Communicable Diseases into Primary Health  
Care*

**Cairo, Egypt;** June 12-15, 2006  
Country Cooperation Strategy; World Health Organization Office of the Eastern  
Mediterranean Region  
*Chaired the meeting*

**Nairobi, Kenya;** May 1-6, 2006  
Workshop on Community Health Promotion  
International Union for Health Promotion  
Attended the meeting as a member of the Consortium on Community Health  
Promotion

**New York, USA;** February 8-13, 2006  
World Heart Federation  
*Chaired the Foundations Advisory Board meeting*

**Delhi, India;** February 18-20, 2006  
International Symposium on Cardiovascular Diseases, Diabetes and Stroke. All  
India Institute of Medical Sciences  
*Keynote address*

**Bellagio, Italy;** December, 2005  
How to Improve Cardiovascular Health Outcomes in Less Well-Resourced  
Settings; World Heart Federation  
*Attended the meeting as an invited expert*

**Bogota, Columbia;** November, 2005

Planning Global Physical Activity Interventions; International Union of Health Promotion

*Attended the meeting as an invited expert*

**Accra, Ghana;** October 16-19, 2005

Training Seminar on Chronic Disease Capacity Building in Sub-Saharan Africa. Centers for Disease Control, Atlanta, USA, and the International Union for Health Promotion

*Attended as the Seminar Faculty*

**Geneva, Switzerland;** October, 26-28, 2005

World Health Organization Annual Global Forum

*Panelist at the Plenary Session entitled: Preventing the Chronic Disease Pandemic*

**Mumbai, India;** September 16-18, 2005. Global Forum for Health Research

*Talk entitled: Mainstreaming Chronic Disease on the Agendas of the Developing Countries*

**Stockholm, Sweden;** September 3-7, 2005 (ESC Population Science Lecture)

*European Congress of Cardiology*

*Population Science Lecture entitled: Women and Heart Disease: Impact, Imperatives and Implications*

**Iguaçu, Brazil;** May 19-25, 2005. 6<sup>th</sup> International Conference on Preventive Cardiology

*Talk in concurrent session entitled: Community Contributions to CVD Prevention and*

*National Action Plan for NCD Prevention in Pakistan*

**Rio de Janeiro, Brazil;** May 4-9, 2005

International Consortium for Community Health Promotion

*Chaired the meeting*

**Cairo, Egypt;** April 10-12, 2005

Regional Consultation for WHO Global Program of Work 2005; World Health Organization Office of the Eastern Mediterranean Region

*Attended as an invited expert*

**Orlando, USA;** February 18, 2005. Second Women Conference on Heart Disease and Stroke

*Talk in plenary session entitled: Community Control of Hypertension in the Developing Countries*

**Miami, Florida;** December, 2004

Implementing the WHO Global Strategy on Physical Activity

*Attended as an invited expert*

**Atlanta USA;** November 17-22, 2004

Centers for Disease Control, Atlanta, USA; Community Health Promotion Workshop

*Attended as an invited expert*

**Ottawa, Canada;** November 3-6, 2004. World Health Organization's Global Forum on Non-Communicable Integrated Chronic Disease Prevention and Control. Global Forum IV.

*Talk in plenary session entitled: Pakistan's National Plan of Action on Chronic Diseases*

**Hong Kong;** October 1-3, 2004. Global Conference on Cardiovascular Clinical Trials

*Talk in concurrent session entitled: Prevention of Diabetes and CVD in South Asia*

**Oxford, UK;** August 31-September 4, 2004

Oxford Vision 2020 Initiative meeting; University of Oxford

*Attended as a member of the Oxvision initiative*

**Milan, Italy;** June 12-15, 2004. 5<sup>th</sup> International Heart Health Conference.

*Talk in concurrent session entitled: Implementing WHO CVD Risk Management Package in Primary Health*

*Talk in concurrent session entitled: National Action Plan on Prevention and Control of Non-Communicable Diseases and Health Promotion in Pakistan*

*Talk in concurrent session entitled: Guideline Development in Low- and Middle-Income Countries*

**Melbourne, Australia;** March 23-26, 2004. WHO Mega Country Health Promotion Network Meeting

*Talk in concurrent session entitled: National Action Plan on Prevention and Control of Non-Communicable Diseases and Health Promotion in Pakistan*

**Singapore,** January 14-17, 2004. Asia Pacific Congress of Cardiology

*Talk in concurrent session entitled: Impact of Global Trends in Cardiovascular Diseases on the Health Economics of Developing Countries*

**Ghana, Accra;** December 5-11, 2003

Capacity-Building for Cardiovascular Disease Prevention in Sub-Saharan Africa  
Centers for Disease Control, Atlanta, USA, and the International Union for Health Promotion

*Attended the meeting as the Seminar Faculty*

**Beijing, China;** November 6-10, 2003. 5<sup>th</sup> International Symposium on Hypertension and Related Diseases

*Talk in concurrent session entitled: Cardiovascular Disease Prevention and Control in the Developing Countries: Issues and Challenges*

**Prague, Czech Republic;** September 4-6, 2003. Annual Meeting of Heart Friends Around the World.

*Talk in plenary session entitled: The Role of Foundations in Heart Disease Prevention at a Global Level*

**Helsinki, Finland;** August 3-8, 2003. 12<sup>th</sup> World Conference on Tobacco or Health  
*Talk in concurrent session entitled: Tobacco Control as part of Cardiovascular Disease Prevention: the Heartfile Experience*

**Geneva, Switzerland;** March 31-April 1, 2003  
Mega Country Network Meeting  
World Health Organization Department of Health Promotion of Non-Communicable Diseases  
*Attended as member of the Steering Committee of WHO's Mega Country Initiative*

**Colombo, Sri Lanka;** March 26-28, 2003  
PREMISE II Workshop; World Health Organization  
*Attended as member of the PREMISE Study Group and Principal Investigator for Pakistan*

**Geneva, Switzerland;** December 11-13, 2002  
Mega Country Network Meeting  
WHO Department of Health Promotion of Non-Communicable Diseases  
*Attended as member of the Steering Committee of WHO's Mega Country Initiative*

**Doha, Qatar;** December 9-12, 2002. Qatar Sports International; World Sports Forum  
*Talk in plenary session entitled: Cardiovascular Health through Sports*

**Geneva, Switzerland;** October 7-11, 2002. WHO Meeting of Interested Parties (MIP)  
*Talk in plenary session entitled: Communicating Risks to Health*

**Beirut, Lebanon;** July 5-7, 2002  
WHO Workshop on Non-Communicable Disease Surveillance in the EMRO Region  
*Attended as an invited expert*

**Geneva, Switzerland;** July, 2002  
WHO, CVD Risk Reduction through Integrated Management of Hypertension, Diabetes and Smoking  
*Attended as an invited expert*

**Sydney, Australia;** May 7-10, 2002. XIV World Congress of Cardiology  
*State-of-the-art invited talk entitled: An Evidence-based Approach to CVD Prevention in the Developing Countries*  
*Talk in concurrent session entitled: Justifying Cost of Treatment in the Developing World*

**Cairo, Egypt;** April 10-12, 2002. 3rd East Mediterranean Heart Health Network International Congress

*Talk in plenary session entitled: CVD Prevention in Women*

*Talk in plenary session entitled: Hypertension Control in EMRO*

event held in conjunction with WHO's Interregional Workshop on Initiative for Scaling Up Secondary Prevention of Stroke and Myocardial Infarction in Low- and Middle-Income Countries

**Kandy, Sri Lanka;** February, 2002

WHO Interregional Workshop on Initiative for Scaling Up Secondary Prevention of Stroke and Myocardial Infarction in Low- and Middle-Income Countries

*Attended as member of the study group*

**Manila, Philippines;** October 3-6, 2001. 13th Asia Pacific Congress of Cardiology

*Talk in concurrent session entitled: Print and Electronic Media for Cardiovascular Disease Public Awareness: the Potential for Replication*

**Stockholm, Sweden;** September 1, 2001. Global Forum Meeting for Cardiovascular Diseases

*Talk in plenary session entitled: Risk Factor of Cardiovascular Disease*

*Management in the Developing Countries*

**Osaka, Japan;** May 27-31, 2001. 5th International Conference on Preventive Cardiology and 4th International Heart Health Conference

*Talk in concurrent session entitled: Pakistan's Heartfile*

**Isfahan, Iran;** May 1-3, 2001. 1st National Seminar on Women and Hormone Replacement Therapy

*Talk in plenary session entitled: Coronary Heart Disease Risk Factors*

*Talk in plenary session entitled: Guidelines for Hormone Replacement Therapy as part of Primary Prevention of Coronary Heart Disease*

**Chennai, India;** December 7-10, 2000. 54th Annual Meeting of the Cardiological Society of India

*Talk in plenary session entitled: Women in South Asia: a Long Way from Basic CVD Care*

**Colombo, Sri Lanka;** September 25-29, 2000. 1st Annual Symposium of the Sri Lanka Heart Association

*Talk in plenary session entitled: Preventing CVD in South Asia in the Face of the Impending Pandemic*

**Katmandu, Nepal;** July 2000. 1st Congress of the Nepal Society of Cardiology

*Talk in plenary session entitled: Algorithms for the Management of Hypertension in the SAARC Region*

*Current Management of Heart Failure*

**Isfahan Iran;** May 2000

Isfahan Cardiovascular Research Institute  
Talk in plenary session entitled: *Development of National Guidelines on Hormone Replacement Therapy*

**Victoria, Canada;** May 7-10, 2000. First Women Conference on Heart Disease and Stroke

*Talk in concurrent session entitled: Preventive Cardiovascular Care amongst Females in Pakistan: an Unfinished Agenda*

*Talk in concurrent session entitled: Barriers: Access to Care for Women in the Developing Countries*

**Dhaka, Bangladesh;** February 2000. First SAARC Congress of Cardiology

*Talk in plenary session entitled: Optimization of Therapeutic and Lifestyle Advice to Patients with Coronary Heart Disease in Pakistan*

**Lahore, Pakistan;** October 1999. 12th Asia Pacific Congress of Cardiology

*Talk in plenary session entitled: CAD Prevention in the Developing World: Priority or Bail Out Stenosis Quantification on Diagnostic Coronary Angiograms*

*Presentation entitled: Missed Therapeutic Windows of Opportunity in the Optimal Management of CAD in Pakistan*

*Presentation entitled: Analysis of Dietary Pattern in the context of Establishing Coronary Risk Profiles in Patients with Documented CAD in Pakistan*

**Baltimore, USA;** October 1999. Grand Clinical Rounds of the John Hopkins Medical University

*Talk entitled: Pakistan's Heartfile*

**Athens, Greece;** April 1999. 4th International Congress of Nuclear Cardiology

*Poster Presentation: Inferior Wall Artifacts in Pakistanis: the Central Obesity Effect*

## Talks and keynote speeches in Pakistan

Sania Nishtar makes regular appearances in national conferences and discourses on health, governance, and women's leadership in Pakistan—in many events as a keynote speaker. In addition she is also a regular review panelist/speaker at the National School of Public Policy, Pakistan Administrative Staff College, National Management College, National Defense University and other academic institutes in Pakistan.

This curriculum vitae does not list details about keynote speeches and other appearances in the country, as there is an exhaustive list and space precludes their inclusion. To a certain extent these activities can be tracked through the twitter account @Sanianishtar